

# Bachelor of Science in Health Sciences Health Sciences with a Major in Recreational Therapy (BSHS)

## Degree Program Guide

The Degree Program Guide is a suggested curriculum to complete this degree program in four years. It is just one of several plans that will work and is presented only as broad guidance to students. Each student is strongly encouraged to develop a customized plan in consultation with their academic advisor. Additional information can also be found in Degree Works.

Course	Title	Credit Hours
<b>Freshman</b>		
<b>Fall</b>		
ENGL 110C	English Composition *	3
Human Creativity		3
Interpreting the Past		3
The Nature of Science I		4
<b>Credit Hours</b>		<b>13</b>
<b>Spring</b>		
ENGL 211C or ENGL 231C	Writing, Rhetoric, and Research * or Writing, Rhetoric, and Research: Special Topics	3
STAT 130M	Elementary Statistics **	3
RT 261	Foundations of Recreational Therapy Practice **	3
The Nature of Science II		4
Oral Communication		3
<b>Credit Hours</b>		<b>16</b>
<b>Summer</b>		
Elective or Foreign Language (if required)		0-3
<b>Credit Hours</b>		<b>0-3</b>
<b>Sophomore</b>		
<b>Fall</b>		
Literature		3
BIOL 240 or BIOL 250	Fundamentals of Anatomy and Physiology I or Human Anatomy and Physiology I	4
HLSC 320	Health Equity and Disability Culture **	3
PSYC 203S	Lifespan Development	3
RT 210	Leisure, Health, and Wellness **	3
<b>Credit Hours</b>		<b>16</b>
<b>Spring</b>		
HLTH 120G	Information Literacy for Health Professions (Preferred)	3
BIOL 241 or BIOL 251	Fundamentals of Anatomy and Physiology II or Human Anatomy and Physiology II	4
PSYC 201S	Introduction to Psychology *	3

PHIL 345E	Bioethics (Preferred)	3
RT 290	Professional Preparation in Recreational Therapy **	3
<b>Credit Hours</b>		<b>16</b>
<b>Summer</b>		
Elective or Foreign Language (if required)		0-3
<b>Credit Hours</b>		<b>0-3</b>
<b>Junior</b>		
<b>Fall</b>		
HLSC 335	Population Health **	3
NMED 300	Medical Terminology	3
PSYC 405	Psychopathology	3
RT 420	Intervention Techniques in Recreational Therapy **	4
Minor or Upper-Division General Education		3
<b>Credit Hours</b>		<b>16</b>
<b>Spring</b>		
HLSC 390	The U.S. Healthcare Delivery System **	3
RT 430	Assessment, Documentation, and Evaluation in Recreational Therapy **	3
RT 450	Diagnostic Groups in Recreational Therapy **	3
RT 460	Administration of Recreational Therapy Services **	3
Minor or Upper-Division General Education		3
<b>Credit Hours</b>		<b>15</b>
<b>Summer</b>		
RT 368	Junior Internship (Optional Elective) **	3
<b>Credit Hours</b>		<b>3</b>
<b>Senior</b>		
<b>Fall</b>		
HLSC 485	Health Informatics **	3
RT 366	Internship Preparation **	1
RT 470	Recreational Therapy Program Design and Implementation **	3
RT 480W	Evidence-Based Practice and Trends in Recreational Therapy *	3
PSYC 353 or HMSV 339	The Psychology of Adulthood and Aging (Optional Elective) or Interpersonal Relations	3
<b>Credit Hours</b>		<b>13</b>
<b>Spring</b>		
RT 468	Senior Internship *	12
<b>Credit Hours</b>		<b>12</b>
<b>Total Credit Hours</b>		<b>120-126</b>

\* Grade of C or better required  
\*\* Grade of C- or better required