

Exercise Science

School of Exercise Science

<https://www.odu.edu/exercise-science> (<https://www.odu.edu/exercise-science/>)

Daniel Russell, Ph.D., Chair

2024 Student Recreation & Well-Being Center
757-683-6016

J. Kyle Davis, M.S., Undergraduate Program Director

1005 Student Recreation & Well-Being Center
757 683-4754

jkdavis@odu.edu

The School of Exercise Science offers both Bachelor of Science (BS) and Master of Science (MS) degrees in Exercise Science. Faculty in the school also teach and supervise students in the Kinesiology and Rehabilitation PhD program and in the Doctorate in Applied Science in Kinesiology program, both administered through the College.

Programs

Bachelor of Science Program

- Exercise Science (BS) (<http://catalog.odu.edu/undergraduate/health-sciences/exercise-science/exercise-science-bs/>)

Minor Program

- Exercise Science Minor (<http://catalog.odu.edu/undergraduate/health-sciences/exercise-science/exercise-science-minor/>)
- Health and Wellness Minor (<http://catalog.odu.edu/undergraduate/health-sciences/exercise-science/health-wellness-minor/>)