Counseling and Human Services

Web Site: http://www.odu.edu/chs (http://www.odu.edu/chs/)

Ed Neukrug, Interim Chair

The Department of Counseling and Human Services offers one undergraduate program, the Bachelor of Science with a major in human services. On the graduate level, the department offers the Master of Science in Education in counseling, an advanced Education Specialist degree in counseling, and a counseling emphasis in the PhD in Education program. Once admitted to the human services program, students must consult their advisors regarding program requirements and selection of courses.

Bachelor of Science—Human Services Major

Jennifer Simmons, Undergraduate Program Director
Chaniece Winfield, Online Program Coordinator

The program leading to the Bachelor of Science with a major in human services prepares students for entry-level positions in a wide variety of community service settings. Students in the program learn the roles and functions of the human service profession; characteristics of human growth and development; personal, social, and environmental factors affecting individual development; characteristics of human service agencies; theories and skills of human services; and how ethical issues, legal issues, and multicultural issues affect the work of the human service profession. Graduates are prepared to assist clients in coping successfully with developmental tasks of normal growth and in solving problems caused by personal, social, and environmental stress. Graduates may be employed in a wide variety of settings including mental health, disability services, substance abuse, aging/gerontology, domestic violence, child and youth services, correction/criminal justice, health care, recreation/fitness, and vocational rehabilitation.

Four-Year Plan - BS in Human Services
(http://catalog.odu.edu/undergraduate/dardencollegeofeducation/counselinghumanservices/humanservices-bs-fouryearplan/)

- The four-year plan is a suggested curriculum to complete this degree program in four years. It is just one of several plans that will work and is presented only as broad guidance to students. Each student is strongly encouraged to develop a customized plan in consultation with their academic advisor. Additional information can also be found in Degree Works.

Admission

Students must have a grade point average of 2.00 or above and have successfully completed ENGL 110C and ENGL 211C or ENGL 221C or ENGL 231C. A grade of C or better must be earned in ENGL 110C and ENGL 211C or ENGL 221C or ENGL 231C to meet the undergraduate writing program requirement.

Program Requirements

All human services majors must satisfy the Bachelor of Science in human services core requirements, major requirements, minor requirements, any applicable electives, and General Education requirements as listed below.

A one-semester, unpaid internship (HMSV 468) is required after all other General Education courses, core courses, major courses, and minor courses are completed. Students are not to take any other courses when enrolled in the internship. Requirements for the internship include a minimum cumulative GPA of 2.0 overall and in the major and minor. Students must earn a grade of C (2.00) or better in all HMSV courses before taking the internship:

- HMSV 339 Interpersonal Relations 3
- HMSV 341 Introduction to Human Services 3
- HMSV 343 Human Services Methods 3
- HMSV 344 Career Development and Appraisal 3
- HMSV 346 Diversity Issues in Human Services 3
- HMSV 368 Case Management & Crisis Techniques through Field Observation 3
- HMSV 440W Program Development, Implementation, and Funding 3
- HMSV 444 Psycho-educational Groups 3
- HMSV 447 Introduction to Substance Abuse 3
- or HMSV 448 Interventions and Advocacy with Children 3
- HMSV 449 Crisis Intervention, Prevention and Ethics 3
- HMSV 452 Substance Abuse Treatment and Research 3
- or HMSV 494 Entrepreneurship in Human Services and Non-Profit Fundraising 3
- HMSV 491 Family Guidance 3

Students' prior coursework will be evaluated by an advisor at the time of admission to the program. Following admission, students must obtain permission from an authorized faculty advisor before registering. Students should obtain a curriculum sheet from the Human Services website http://education.odu.edu/chs/academics/human_services/ or from their academic advisor to assist in making course selections. Students must adhere to all course prerequisites and corequisites as stated in the course descriptions and on the curriculum sheets.

Lower-Division General Education

Written Communication Skills * 6
Mathematical Skills ** 3
Oral Communication ***
Information Literacy and Research 3
Language and Culture 6
Human Creativity 3
Interpreting the Past 3
Literature 3
Philosophy and Ethics 3
Human Behavior 3
SOC 201S Introduction to Sociology (C or better required) 3
The Nature of Science 8
Impact of Technology 3

Total Hours 38-44

* Grade of C or better required in both courses
** STAT 130M preferred.
*** Satisfied by HMSV 339 in the major.

Human Services Major Requirements

- HMSV 339 Interpersonal Relations 3
- HMSV 341 Introduction to Human Services 3
- HMSV 343 Human Services Methods 3
- HMSV 344 Career Development and Appraisal 3
- HMSV 346 Diversity Issues in Human Services 3
- HMSV 368 Case Management & Crisis Techniques through Field Observation 3
- HMSV 440W Program Development, Implementation, and Funding 3
- HMSV 444 Psycho-educational Groups 3
- HMSV 449 Crisis Intervention, Prevention and Ethics 3
- HMSV 491 Family Guidance 3
**Human Services Double Major Options**

Human services majors can elect to double major in the areas listed below. Combining interest areas between two majors allows more versatility for students’ future through enhanced opportunities to pursue graduate school and strengthening employability. In addition, several of these double major opportunities include specialized certificates to further demonstrate students’ commitment and leadership in their field of choice.

### Human Services and Sociology

The Department of Counseling and Human Services and the Department of Sociology and Criminal Justice have created an opportunity for undergraduate students to major in both human services and sociology. Both majors can be earned within the 120 credit hours required for an undergraduate degree. Within this double major, students have an opportunity to pursue a certificate in addiction prevention and treatment. Students who select the addiction prevention and treatment option will graduate with a certificate in addiction prevention and treatment.


- The four-year plan is a suggested curriculum to complete this degree program in four years. It is just one of several plans that will work and is presented only as broad guidance to students. Each student is strongly encouraged to develop a customized plan in consultation with their academic advisor. Additional information can also be found in Degree Works.

### Human Services and Criminal Justice

The Department of Counseling and Human Services and the Department of Sociology and Criminal Justice have created an opportunity for undergraduate students to major in both human services and criminal justice. Both majors can be earned within the 120 credit hours required for an undergraduate degree. Within this double major, students have an opportunity to pursue a certificate in addiction prevention and treatment. Students who select the addiction prevention and treatment option will graduate with a certificate in addiction prevention and treatment.

**Four-Year Plan - BS in Human Services - Double Major - Criminal Justice** ([http://catalog.odu.edu/undergraduate/dardencollegeofeducation/counselinghumanservices/humanservices-bs-doublemajor-criminaljustice-fouryearplan/](http://catalog.odu.edu/undergraduate/dardencollegeofeducation/counselinghumanservices/humanservices-bs-doublemajor-criminaljustice-fouryearplan/))

- The four-year plan is a suggested curriculum to complete this degree program in four years. It is just one of several plans that will work and is presented only as broad guidance to students. Each student is strongly encouraged to develop a customized plan in consultation with their academic advisor. Additional information can also be found in Degree Works.

### Human Services and Interdisciplinary Studies - Leadership

The Department of Counseling and Human Services and the Department of Interdisciplinary Studies have created an opportunity for undergraduate students to major in both human services and interdisciplinary studies-leadership. Both majors can be earned within the 120 credit hours required for an undergraduate degree. Within this double major, students will be exposed to a number of fields of study to enhance their knowledge and skills in the area of leadership, professional writing, and technology, while engaging in human services coursework. In addition, students may pursue two specialized certificates within the double major – addiction prevention and treatment and professional leadership.


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### Upper-Division General Education Requirements (6 hours minimum)

Select one option from the following:

- Option A. Approved Disciplinary Minor (a minimum of 12 hours determined by the department) or Second Major or Second Degree
- Option B. Interdisciplinary Minor (specifically 12 hours, 3 of which may be in the major)
- Option C. An approved Certification Program such as teaching licensure
- Option D. Two Upper-Division Courses from outside the College of Education and Professional Studies and not required by the major (6 hours)

### Electives

Elective credit will be needed to meet the minimum of 120 hours required for the degree.

### Requirements for Graduation

Requirements for graduation include a minimum cumulative grade point average of 2.00 overall and in the major and minor, 120 credit hours, which must include both a minimum of 30 credit hours overall and 12 credit hours in upper-level courses in the major program from Old Dominion University.
completion of all general education requirements including ENGL 110C and ENGL 211C or ENGL 221C with a grade of C or better, completion of all major requirements including the writing intensive (W) course in the major with a grade of C or better, and completion of the Senior Assessment.

**Departmental Honors**

Students may earn the designation of departmental honors on their diplomas by completing the minimum University standards for honors designation in addition to the human services program standards. Specifically, the standards are:

1. Minimum cumulative GPA of 3.25.
2. Minimum major GPA of 3.5.
3. Completion of at least two 300–400 level courses designated by the department to be honors courses.
4. Completion of at least 60 credit hours at Old Dominion University, 54 of which must be in grade-point graded courses.
5. Completion of a scholarly experience such as a research project with a human services faculty mentor. HMSV 397 Independent Study: Guided Research in Human Services can be taken as an elective course and will qualify as a scholarly experience. Students enrolled in this course may conduct individual or group projects focused on research, literature review, or methodology development. All work is conducted under the supervision and evaluation of a program faculty member. Please contact Dr. Kristy Carlisle, kcarlisl@odu.edu, for more information regarding this course.

Contact the program director, Jennifer Simmons, jnsimmon@odu.edu, for more information about this opportunity.

**Substance Abuse Course Sequence**

For those wishing to pursue credentialing as a Certified Substance Abuse Counselor (CSAC) or Certified Alcohol and Drug Counselor (CADC), the following must be completed: all HMSV degree requirements (core requirements, major requirements, minor requirements, any applicable electives, and General Education requirements) with the selection of HMSV 447 and HMSV 452 as required human services electives. Additionally, HMSV 468 (Internship) is recommended to be in a substance abuse treatment setting.

**Minor in Human Services**

**Area I Courses Required:**

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<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>HMSV 339</td>
<td>Interpersonal Relations</td>
<td>3</td>
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</tr>
<tr>
<td>HMSV 346</td>
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**Area II Courses (Select one from the following):**

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<td>3</td>
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<tr>
<td>HMSV 447</td>
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<td>HMSV 448</td>
<td>Interventions and Advocacy with Children</td>
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<tr>
<td>HMSV 491</td>
<td>Family Guidance</td>
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**Total Hours** 15

For completion of a minor, a student must have a minimum overall cumulative grade point average of 2.00 in all courses specified as a requirement for the minor exclusive of prerequisite courses and complete a minimum of six hours in upper-level courses in the minor requirement through courses offered by Old Dominion University.

**Minor in Addiction Prevention and Treatment**

The Addiction Prevention and Treatment minor complements many academic programs and majors by providing knowledge and experience in the 12 core competency areas identified by the Substance Abuse and Mental Health Services Administration (SAMSHA) as vital to knowledge, skills and attitudes required for professional practice in addiction services. In addition to fulfilling core competency areas required for addiction services, courses in this minor may meet the didactic education requirements for addiction credentialing, such as the Certified Substance Abuse Counselor* (CSAC) credential in Virginia.

For completion of a minor, an undergraduate student must have a minimum grade point average of 2.00 in all courses specified as a requirement for the minor exclusive of prerequisite courses and complete a minimum of six hours in upper-level courses in the minor requirement through courses offered by Old Dominion University.

*Students are strongly encouraged to contact their respective state board regarding didactic requirements for specific credentials.

**HMSV Courses**

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<td>HMSV 447</td>
<td>Introduction to Substance Abuse</td>
<td>3</td>
</tr>
<tr>
<td>HMSV 452</td>
<td>Substance Abuse Treatment and Research</td>
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**Total Hours** 18

**Certificate in Addiction Prevention and Treatment**

The certificate program consists of six courses in the human services program for a total of 18 credit hours. Students transferring from other institutions are required to have a transcript analysis to ensure that the appropriate prerequisite requirements are met. Students' prior coursework will be evaluated by an advisor at the time of admission to the certificate program.

**Requirements**

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**Total Hours** 18

For completion of the certificate, students must have a minimum cumulative grade point average of 2.00 overall in all courses taken toward the certificate program, a grade of C or better in all prerequisite courses and courses applied to the certificate, and complete a minimum of six hours in upper-level courses required for the certificate through courses offered by Old Dominion University. Transfer courses require approval of the certificate coordinator. Non-Degree seeking students must have an Associate Degree or higher, with a minimum cumulative grade point average of 2.00 overall.

**HUMAN SERVICES Courses**

- **HMSV 339, Interpersonal Relations. 3 Credits.** Students will learn concepts and theories of interpersonal relationships. Development of skills necessary for effective communication will be stressed. Prerequisites: ENGL 211C or ENGL 221C or ENGL 231C.
- **HMSV 341, Introduction to Human Services. 3 Credits.** Students will learn about human services, the helping process, and the role and function of the human service worker. Students will be exposed to local and state human services facilities. Prerequisites: ENGL 211C or ENGL 221C or ENGL 231C OR acceptance to the certificate in Addiction Prevention and Treatment and a test code of APTW.
HMSV 343. Human Services Methods. 3 Credits.
Prepares students and techniques used by human services workers in a variety of settings. Prerequisites: A grade of C or better in ENGL 211C or ENGL 221C or ENGL 231C OR acceptance to the certificate in Addiction Prevention and Treatment and a test code of APTW. Pre- or corequisite: HMSV 341 with a grade of C or better.

HMSV 344. Career Development and Appraisal. 3 Credits.
Focuses on career development throughout the life span with emphasis on vocational theories, interventions, assessments, and socioeconomic factors. Prerequisite: Junior standing. Pre- or corequisite: HMSV 341 with a grade of C or higher.

HMSV 346. Diversity Issues in Human Services. 3 Credits.
This course serves as an introduction to multicultural helping. The influence of socio-identities (e.g., race, ethnicity, religion, gender, socioeconomic status, sexual orientation) on individuals’ functioning, concerns, and the helping process will be explored. Prerequisite: Junior standing. Pre- or corequisite: HMSV 341 with a grade of C or higher.

HMSV 347. Independent Study. 1-6 Credits.
Individual study under the supervision of an undergraduate faculty member. Prerequisites: Approval of Human Services Program Director and Counseling and Human Services Department Chair.

HMSV 400W. Program Development, Implementation, and Funding. 3 Credits.
This course presents models and practices in evaluating, monitoring, and implementing human services programs. The course includes an overview of funding, creating budgets and monitoring expenditures for programs. This is an upper-level writing intensive class. A grade of C or better is required. Prerequisites: HMSV 341 with a C or better, HMSV 343 with a C or better, and ENGL 211C or ENGL 221C or ENGL 231C with a C or better.

HMSV 444. Psycho-educational Groups. 3 Credits.
This course combines lectures and experiential learning about psycho-educational groups. Principles and practices for developing and leading psycho-educational groups are emphasized. Prerequisites: HMSV 341 with a grade of C or higher and HMSV 343 with a grade of C or higher.

HMSV 447. Introduction to Substance Abuse. 3 Credits.
This course develops the professional identity of the student as a practitioner of substance abuse services while introducing the student to the signs and symptoms of substance abuse, the recovery process and relapse prevention methods. Prerequisites: HMSV 341 with a grade of C or better and HMSV 343 with a grade of C or better OR acceptance to the certificate in Addiction Prevention and Treatment and a test code of APTW.

HMSV 448. Interventions and Advocacy with Children. 3 Credits.
This course provides an overview of how human service workers assist children in a variety of settings. Emphasis will be placed upon advocacy, supportive work, and short term crisis intervention. Prerequisites: HMSV 341 with a grade of C or higher and HMSV 343 with a grade of C or higher.

HMSV 449. Crisis Intervention, Prevention and Ethics. 3 Credits.
This course explores effective crisis intervention, examines prevention strategies, and develops students' ethical decision making within human service practice. Prerequisites: HMSV 341 with a grade of C or higher and HMSV 343 with a grade of C or higher OR acceptance to the certificate in Addiction Prevention and Treatment and a test code of APTW.

HMSV 452. Substance Abuse Treatment and Research. 3 Credits.
This course explores effective substance abuse treatment planning and intervention strategies through lectures and experiential learning and examines research trends in the substance abuse field. Prerequisites: HMSV 341 with a grade of C or better, HMSV 343 with a grade of C or better and HMSV 447 with a grade of C or better OR acceptance to the certificate in Addiction Prevention and Treatment and a test code of APTW.

HMSV 456. Diversity Experience in Ireland. 3 Credits.
This course is an in-depth, cross-disciplinary study of cultural similarities and differences in approaches to social conflict and other social problems in the United States and in Ireland. A two-week study abroad period will bring students into intensive contact with educators, scholars, and community activists in Ireland. This course will also serve as an introduction to multicultural helping. The influence of socio-identities (e.g. race, ethnicity, religion, gender, socioeconomic status, sexual orientation) on individuals’ functioning, concerns, and the helping process will be explored. Prerequisite: HMSV 341 or permission of instructor.

HMSV 468. Internship in Human Services. 12 Credits.
This course involves field placement in a human services setting. Approximately 400 hours are devoted to field placement, group seminars and individual supervision. Prerequisites: Completion of all coursework including General Education requirements, core courses, major courses, and elective courses; a grade of C or better in all prior HMSV courses and program approval is required. Pre- or corequisite: HMSV 339, HMSV 341, HMSV 343, HMSV 344, HMSV 346, HMSV 368, HMSV 440W, HMSV 444, HMSV 447 or HMSV 448, HMSV 449, HMSV 452 or HMSV 494, and HMSV 491.

HMSV 491. Family Guidance. 3 Credits.
This course provides a study of the family as a system and an introduction to a variety of issues confronting the family, including child abuse, substance abuse and addiction, spouse abuse, and others that produce more than usual stress in the family. Available community resources for helping families will be examined. Prerequisites: HMSV 341 with a grade of C or higher and HMSV 343 with a grade of C or higher.

HMSV 494. Entrepreneurship in Human Services and Non-Profit Fundraising. 3 Credits.
This course is designed to expose human service students to the art of ethical fund-raising in human services, including annual and capital campaigns, telemarketing, special events, direct mail marketing, face-to-face solicitation, e-fund-raising, and grant writing. This course replaced HMSV 441. Students with credit for HMSV 441 cannot receive credit toward their degree for HMSV 494. Prerequisites: HMSV 341 with a grade of C or higher and HMSV 343 with a grade of C or higher.

HMSV 495. Topics in Human Services. 1-6 Credits.
The study of selected topics in human services. Prerequisites: senior standing or permission of the instructor.