Campus Services and Student Information

Career Development Services

Career Development Services (CDS) offers services to assist all ODU undergraduate and graduate students as well as alumni in learning career decision making, internal assessment and external exploration, reflection, and career readiness skills. Teaching career readiness skills and an educational developmental philosophy are keys to students’ success as well as internships, networking, active career research, timely intentional involvement in each stage of career development, and meaningful student employment and internship engagement. A range of comprehensive services includes individual career counseling, career fairs, student employment, on-campus interviews, career classes, internship support, assisting in maximizing career outcomes, workshops, outreach, in-class presentations, web content, and more. CDS has received national recognition for select programs, and staff members provide national and regional leadership in the field. CDS has a main center as well as college-based services.

The Student Employment Program is designed to assist students in locating on- or off-campus, part-time, or seasonal, or Federal Work Study (FWS) positions for those who qualify. Traditional on-campus employment programs for students with Federal Work Study (FWS) include the Student Temporary Assist Team (STAT), Community Service Internship Program (CSI), and the America Reads (AR) program. Students without FWS may qualify for hourly student employment positions. Freshmen may qualify for the Learn and Earn Advantage Program (LEAP.) Career Development Services lists jobs of all types, including permanent full-time positions, through ODU Careers4Monarchs. This powerful interactive web-based system is available free to students and alumni of Old Dominion University. The ODU Careers4Monarchs database contains employer information, career information, a career event calendar and interview schedules, as well as the means to electronically apply for positions posted. Careers4Monarchs is the primary tool used by Career Development Services to communicate with students about various career opportunities and events to help students succeed at Old Dominion University and into their careers.

Individual career consultations and electronic assessment tools, as well as seminars on career exploration, are available to assist in major and career path selection. Each college has an experienced professional CDS staff member assigned to offer career development services to students at all levels. CDS maintains full-service college-based services in the Colleges of Arts and Letters, Business, Education, Engineering and Technology, and Sciences, which house the CDS Liaison to that college. CDS services are also available to students at the Virginia Beach, Tri-Cities and Peninsula Higher Education Centers.

Cooperative education and internship experiences are available at the junior, senior and graduate levels. These programs allow students to gain valuable experience related to their major while testing out possible career choices. All students are encouraged to participate in one or more practical experiences.

Professional seminars in resume writing, job search strategies, interview skills, salary negotiation and other career-related topics are offered throughout the year and are also available in video streamed and online versions. These are complemented by classroom and group presentations and other special career events, including employer information sessions, as well as employer and alumni career information panels and etiquette dinners.

General career fairs are held twice a year and are supplemented by specialized fairs for specific populations, including a teacher fair, a graduate recruitment fair, co-op/intern fair and a summer job fair. Graduating students can also take advantage of the On-campus Recruiting Program, which provides the opportunity to interview, on campus, with employers for entry-level positions.

Many of the programs and services available on campus are also offered online and via video streaming through the CDS website, ODU Careers4Monarchs, and the Career Commons. CDS has developed this exciting opportunity as part of the anytime, anyplace virtual career center model for students and alumni who prefer or require assistance from a career professional through electronic means. The Career Commons allows CDS staff to provide quality career assistance from a distance, replicating face-to-face services through interactive media and multiple electronic means of communication. The National Association of Colleges and Employers (NACE) recognized CDS for this initiative with the Chevron Corporation Award.

More information is available by calling the CDS Career Coaches at 757-683-4388 during normal office hours or virtually via the internet at http://www.odu.edu/cds. Staff members are also available in offices in the colleges or the main CDS office in Webb Center North, Suite 2202.

Student Health Services

Old Dominion University Student Health Services is accredited by the Accreditation Association for Ambulatory Health Care, Inc. The Health Center is located at 1007 South Webb Center (757) 683-3132, Facilities (757) 683-5930. Health Promotion services are located at 1525 North Webb Center (757) 683-5927.

Student Health Services provides primary outpatient care and health promotion for Old Dominion University students. These services include medical care for acute illness and minor injury, routine health care, preventive health care, and family planning. Student Health Services also provides referrals to health care providers in the local community for services beyond the scope of the campus health center. Laboratory testing sent off campus and x-rays or other diagnostic tests are done at the student’s expense. Full-time Norfolk campus students should complete the immunization requirements before coming to school. Any immunizations administered at Student Health Services are done at the student’s expense.

Health History/Immunization Requirements

All entering full-time Norfolk campus students (undergraduate, graduate, transfer, and English Language Center students) are required to complete the Tuberculosis (TB) Risk Assessment on the health history form submitted to Student Health Services. Each student determined to be part of an at risk population for TB must present the results of a TB skin test (Mantoux PPD) or TB blood test to Student Health Services within two months prior to matriculation at Old Dominion University. Any student with symptoms of active TB will be required to be tested immediately. Students are expected to be in compliance with the University Policy for TB screening.

All entering full-time Norfolk campus students are required to have all their immunizations up to date. This includes the Meningitis and Hepatitis B vaccines or signed waiver on Part C of their health history form if the student declines these vaccines. Students who do not submit the required health history/immunization documentation will not be allowed to register for the second semester. A complete list of immunization requirements and health history/immunization forms are on the Student Health Services website at http://www.odu.edu/studenthealth.

Health Promotion

Health promotion provides Old Dominion University students with information, education and programs to address their health concerns and needs. Health promotion focuses on the whole person and seeks to engage students in educational, experiential, and service learning opportunities to illustrate the importance of a healthy lifestyle. Health promotion is also responsible for campus-wide programs. Topics include: alcohol, drugs, sexual health, nutrition, stress and many other factors that affect student success. Students may volunteer as members of the Student Health Advisory Committee (SHAC). Call (757) 683-5927 to speak with a health educator.

Student Health Insurance

All full-time and part-time students are encouraged to make provision for payment of charges for health services not provided by Student Health Services. The University recommends that all students carry adequate personal health insurance. International students are required to have health
insurance. See the Student Health Services website for information regarding health insurance at http://www.odu.edu/studenthealth.

Graduate Student Health Insurance

Health insurance is available to all graduate students through UnitedHealthCare StudentResources. Open enrollment for the fall semester begins in July. Open enrollment for the spring semester begins in December. Graduate assistants and graduate fellows making $5,000 or more semester are eligible for subsidized coverage. For more information, go to http://www.odu.edu/graduateschool/graduate-student-health-insurance or email gradhealth@odu.edu.

Housing

Graduate students are encouraged to seek off-campus housing through the Housing & Residence Life Office. Off-Campus Housing Services provides guidance and support to students who desire off-campus housing accommodations. Students are provided resources and educational materials to help them in their search for affordable and convenient housing. Students are also provided access to the listings directory where local landlords and property managers post vacancies specifically intended for ODU students.

For further information about living off-campus please visit www.odu.edu/offcampushousing. For answers to specific questions or for one-on-one assistance, contact: Off-Campus Housing Services, 4603 Elkhorn Avenue, Suite 1208, Norfolk, VA 23529 or email: OffCampusHousingServices@odu.edu (OffCampusHousing@odu.edu).

International Programs

Steve Bell, Interim Executive Director

The Office of International Programs (OIP) coordinates activities that focus on Old Dominion University’s strategic commitment to campus-wide internationalization. These activities fall into three general categories, all of which are designed to expand student understanding of our interdependent world: encouraging the incorporation of international issues and perspectives into undergraduate and graduate education; facilitating international mobility of students and faculty; and sharing international interests and expertise with the broader Hampton Roads community that Old Dominion University seeks to serve. For more detailed information, visit the OIP website at www.odu.edu/oip.

OIP facilitates the development of the University’s cooperative agreements and exchange programs with other institutions of higher learning around the world in order to encourage mobility of students and faculty as well as collaborative research. OIP staff provide advising support for international fellowships, such as the Fulbright, Boren Awards, and the Gilman International Scholarship Program.

OIP sponsors and coordinates international programs that serve and involve the citizens of the region and the state. These may include appearances by foreign diplomats, scholars and artists, workshops for teachers and other professionals, and support for internationally-focused community organizations.

OIP includes the Office of Study Abroad and the Office of Visa and Immigration Service Advising (VISA).

The English Language Center, which provides effective, quality instruction of English for non-native speakers, is located in the College of Continuing Education and Professional Development. Please refer to the College of Continuing Education and Professional Development (http://www.odu.edu/cepd) for additional information.

Office of Study Abroad (OSA)

Increasing global awareness happens in both the classroom and elsewhere on Old Dominion’s multicultural campus, but there is no substitute for traveling abroad to acquire a personal perspective on our increasingly interdependent world. Old Dominion students participate in a wide array of study abroad experiences as an integral part of their college education. Faculty-led programs of study in the summer and over spring break are available in different subject areas (from Service Learning in South Africa, to Theatre in London, to Business Studies in Korea and China). Semester and academic year study abroad programs and reciprocal student exchange programs offer long-term opportunities in virtually all areas of the world.

Old Dominion is a member of a study abroad consortia that sponsor high quality programs around the globe, providing opportunities for exchange with over 100 universities overseas. Regardless of one’s field of study, almost all Old Dominion students can study abroad. Practically all forms of student financial aid may be applied to an academic program abroad, and travel grants are available for many programs. Dean’s Education Abroad Awards are ODU scholarships that provide special support for selected majors. Internships, volunteer placements and short-term work opportunities overseas are additional options.

The Office of Study Abroad administers overseas academic programs and authorizes transfer credit from approved programs of study. OSA houses resources on study abroad opportunities and general reference materials on international travel, scholarships, internships and work abroad opportunities. A Study Abroad Fair is held every semester, and pre-departure orientation programs and “re-entry” sessions when students return from abroad are also organized by the staff. Please visit the OSA’s website at www.odu.edu/studyabroad.

Visa & Immigration Service Advising (VISA)

The Old Dominion University community includes more than 760 international students and 100 visiting scholars from 115 foreign countries. Serving the immigration advising and personal needs of these individuals is the main mission of Visa & Immigration Service Advising (VISA). The office provides administrative support and documentation services along with resource and regulatory advising that assist international students and scholars in successfully achieving their academic and research goals. VISA also works closely with academic departments and administrative offices and helps to educate them on regulatory requirements. Additionally, VISA offers to all university staff the Global Certificate Program, a series of workshops that help in building awareness of the international community’s needs, as well as to develop and strengthen skills in intercultural communication.

VISA administers the International Student Leadership Award, which provides tuition support for undergraduate international students who demonstrate leadership and community involvement. Visit the VISA website at https://www.odu.edu/visa.

Office of Intercultural Relations (OIR)

The Intercultural Center

The Intercultural Center, located at 2114 Webb Center, serves as a cultural hub for students and faculty. With its fully mediated and functional design, faculty can conduct classes, visitors can relax in plush seating while reading books from the Center’s library or watching programs and DVDs on one of the 46” plasma televisions. Students are welcome to visit or have a group study session. The Intercultural Center is not only a study or work space, it is also an area where students can relax and connect with friends and the University community.

The Diversity Institute

The Diversity Institute (DI) enhances awareness, commitment, knowledge, and skills that are needed to develop leaders as change agents in a culturally diverse world. Semester-long sessions include modules and cultural learning labs that train participants on how to operate in a diverse multicultural and global setting. In addition to developing communication skills needed in a pluralistic society and expanding one’s world view, DI is an excellent opportunity. For more information, visit the Diversity Institute site at http://www.odu.edu/life/gettinginvolved/leadership/diversity-institute.

International Initiatives Unit

As a citizen of a global community, it is imperative that individuals have the knowledge, awareness, and skills to navigate diverse settings and successfully interact with others. Therefore, OIR is committed to the academic, social and cultural support of the international student population, as well as providing opportunities for domestic students to enhance their own cultural competency. The International Initiatives Unit promotes campus internationalization and global learning through cultural events and
educational programs as well as training, workshops and presentations on topics related to global, intercultural and international education.

Through international student initiatives, OIR collaborates with the student community and offices/departments across campus to host program initiatives to welcome, orient, and enhance a sense of belonging, engagement, and success of international students. Examples of the international student initiatives include the International Student Advisory Board, Arrival Assistance, International Student Welcome Reception, International Celebration, and many other opportunities. Through global learning and engagement programs, OIR provides an array of initiatives to enrich and enhance global competency for ODU community members such as International Education Week, global mentorship programs through the Global Monarch Club, Global Café, Asian Student Color & Water Festival, and various cultural celebrations throughout the academic year. These programs, workshops, activities, and events are designed so that participants will be informed, educated, and prepared for successful integration into today’s interconnected global society. For more information, visit the International Initiatives website at http://odu.edu/oir/international-initiatives.html.html.html.

Intercultural Initiatives Unit

The vast diversity within our country weaves a rich fabric of unique traditions, beliefs, and values. The intercultural initiatives unit provides a platform for exploration and education of our unique cultures and celebration of an inclusive community. Whether it is programs within Hispanic Heritage Month, Black History Month, Native American Month, Asian American Seasons, Interfaith Dialogues, and LGBTQ Heritage, each is a cultural expression that educates the campus and Hampton Roads about the diversity within our multicultural communities. Other initiatives include Unity Fest and Symposiums for Black and Hispanic students; Sankofa and Adelante dinners that bring together students, faculty, administrators, and alumni; interfaith forums and current issues forums; and affinity advisory student groups, which provide Monarchs with opportunities to engage across cultures. Our programs, activities, and educational initiatives are designed to raise the awareness of the complexities within American cultural frameworks and how one can negotiate positive engagement across and within cultures. For more information, visit the Intercultural Initiatives website at http://ww2.odu.edu/oir/intercultural-initiatives%20.html.html.html.

Social Justice & Equity Unit

The Social Justice & Equity unit consists of the Own Your Narrative, Language of Inclusion Series, and other transformational initiatives. The Office of Intercultural Relations presents innovative film forums, workshop series, lecture series, and informal discussions that promote faculty and student engagement and co-curricular opportunities for the exploration of social justice paradigms and intercultural systems.

The Office of Intercultural Relations is located at 2114 Webb University Center. Please visit the website at http://www.odu.edu/oir; OIR is on Twitter, Facebook, Instagram, OrgSync, and Tumblr.

Graduate Student Organization (GSO) and Graduate Student Advisory Board (GSAB)

The Graduate Student Organization (GSO) and Graduate Student Advisory Board (GSAB) are officially recognized groups of graduate students nominated and selected from each academic college. The goal of both is to be an outlet for the graduate student voice, to act as a liaison group between graduate students and the University, and to bring forward concerns or issues that are specific to the graduate student community. Foremost among their many goals is to form an overall meeting arena for graduate students across multiple disciplines to work together. The GSO is a recognized student organization for activity funding with elected officers. The GSAB is a group directly advising the Dean of the Graduate School. Currently, the GSAB is on hiatus as it is being re-envisioned and restructured with input from the GSAB and graduate student feedback at-large.

Current projects of the GSAB include developing more effective procedures for acquiring and disseminating resource support (e.g., summer research and creativity funding; conference travel), building professional development programs and opportunities, and expanding graduate students' quality of life. For more information, contact the Graduate School at graduateschool@odu.edu.

Recreation and Wellness

The Recreation and Wellness Department vision is "Through quality innovative programs and services, we provide the foundation for lifelong exploration and development of the mind, body, and spirit." The department offers programming in the following areas:

- Intramural Sports
- Informal Recreation
- Sport Clubs
- Fitness & Wellness
- Outdoor Adventure
- Aquatics
- Summer Camps
- Student Development

The Student Recreation Center is a state-of-the-art facility that features nearly 15,000 square feet of fitness equipment, a rock climbing wall, a multi-activity center gym, racquetball courts, a cycling studio, an outdoor adventure rental center, a swimming pool and much more. The Student Recreation Center is located at 4700 Powhatan Avenue. In addition, the Fitness Center at University Village provides participants with another state-of-the-art workout facility. Participants must be able to validate their identity with the biometric hand system or a valid University ID card when attempting to enter or participate in programs and activities sponsored by the department. For daily updates of programs and services, hours and special events, visit the webpage at http://www.odu.edu/recwell or contact the office at 757-683-3384.

Women's Center

The Women’s Center offers programs and services designed to promote gender equity and address the special challenges and opportunities female students encounter in the pursuit of higher education. Recognizing the critical role that both women and men play in promoting an environment free of gender bias, Women's Center programs are designed to educate and inspire students to achieve their personal, academic and professional potential.

The Sexual Assault Free Environment (S.A.F.E.) Program provides crisis intervention, education, advocacy and ODU policy/procedure information related to issues of sexual assault, stalking, sexual harassment, and relationship violence. W.I.L.D., Women’s Institute for Leadership Development, provides an opportunity for female students to identify and develop their leadership skills through seven modules. Additional programs are offered throughout the year that address a variety of topics related to women’s academic and personal success including programs in celebration of Women’s History Month in March. Referrals to University and community resources are also available. Students are encouraged to get involved with the Women’s Center as a volunteer, intern, or M-POWER Peer Educator. Men are encouraged to get involved with the M-Power Peer Educator Program and the Men of Quality group.

Programs and services of the Center are open to women and men. For more information, please call 757-683-4109 or visit http://www.odu.edu/life/support/womenscenter.

Title IX of the Education Amendments of 1972 prohibits discrimination based on sex in educational programs and activities. Sexual harassment and sexual violence have been recognized as a form of discrimination in violation of Title IX. For information, counseling or to file a complaint of discrimination or harassment on the basis of sex, individuals may contact the Title IX Coordinator, who is also the Assistant Vice President for Institutional Equity and Diversity, located at 1301 Spong Hall; the Assistant Vice President can be reached at (757) 683-3141 or rdunman@odu.edu.
Educational Accessibility

The Office of Educational Accessibility is committed to creating access to higher education for students with disabilities. The University meets the requirements of Section 504 of the Rehabilitation Act of 1973 and the Americans With Disabilities Act of 1990 and its Amendments of 2008 by providing accommodations and services, which are based upon documentation submitted by the student. Reasonable accommodations are made for students with learning, medical, psychological, visual, hearing, physical, temporary mobility, and other impairments on an individual basis. Accommodations and other supportive services available in the Office of Educational Accessibility make a positive difference in the educational experience of students with disabilities and contribute significantly to their academic success.

In order to obtain assistance, all students must provide appropriate documentation and register with the Office of Educational Accessibility. Guidelines for documentation and procedures for registration may be found at http://www.odu.edu/educationalaccessibility. More specific information can be obtained by calling (757) 683-4655. Student interactions with the Office of Educational Accessibility remain confidential. New students needing interpreters are expected to contact the Office of Educational Accessibility at least 45 days before registration to make arrangements. Currently enrolled students need to make arrangements for accommodations as soon as they have pre-registered for a semester.

The Office of Educational Accessibility is located at 1021 Student Success Center.

The Section 504 Coordinator, who is also Assistant Vice President for Institutional Equity and Diversity, is located at Innovation Research Park I, 4111 Monarch Way, Suite 103, Norfolk, VA 23508 and can be reached at (757) 683-3141.

Division of Student Engagement & Enrollment Services

The Division of Student Engagement & Enrollment Services is responsible for the development, implementation, communication, and maintenance of an institutional focus on student success, which includes enrollment management. In partnership with the Provost and other University leaders, this area is responsible for the coordination of student success programs across the University and for student retention. The division provides creative leadership and strategic direction for a diverse array of student engagement services and programs including: Admissions (Undergraduate, Graduate, International), Institutional Research, Assessment/Planning and Budget Management, Campus Ministries, Career Development Services, Center for Major Exploration & Mane Connect Success Coaching, Counseling Services, Divisional IT Support, Financial Aid, Housing and Residence Life, Intercultural Relations, Recreation and Wellness, Leadership and Student Involvement, Student Conduct and Academic Integrity, Student Health Center, Student Outreach & Support, Student Transition and Family Programs, Transfer Evaluation Services, Women’s Center, and Strategic Communication.

Student Outreach and Support (SOS)

Student Outreach and Support (SOS) provides services to students who experience administrative, academic, or personal road blocks. These services include extended absence notification, emergency grants, and administrative withdrawals from the University. SOS is available to help students achieve their personal and academic goals.

ODU Cares is an extension of Student Outreach and Support. The Care Team was developed to provide a University-wide system of care and support for students who experience an unexpected crisis. The Care Team’s role is to determine effective strategies for addressing concerns and connecting students with the appropriate resources. Student Outreach and Support is located in Suite 2008, second floor South Wing of Webb Center, and can be reached at (757) 683-3442. For more information please visit the SOS website at: https://www.odu.edu/life/support/student-outreach.

Office of Leadership and Student Involvement

Involvement in campus life contributes to students’ overall development. By discovering and participating in co-curricular activities, students can develop their interpersonal and leadership skills and increase their career-related learning. The Office of Leadership and Student Involvement (LSI) provides experiences, services, and opportunities that promote the advancement of social and intellectual development. By encouraging student involvement, LSI promotes life-long learning, responsible citizenship and a commitment to the Monarch and surrounding communities. For more information, visit the website at http://www.odu.edu/studentinvolvement or call (757) 683-3446.

The office oversees the following:

Leadership Development

To maximize and realize the potential of individual students and student organizations, the Office of Leadership and Student Involvement assists in the planning and implementation of leadership conferences, seminars, courses, and retreats throughout the academic year. These programs, available to any student, special interest group or student organization, focus on the identified purpose or needs of each group. Individual students interested in developing their leadership skills are also urged to participate. Events include the Leadership Lecture Series, Freshman Summer Institute, and Monarch Leaders Retreat.

Center for Service and Civic Engagement

The Center provides students with the opportunity to enhance their educational experience beyond the boundaries of the classroom by engaging in meaningful service to the campus and local and global communities. Events include Relay for Life, Public Service Week, and Monarch Service Days.

Service-Learning

Service-learning provides students with integrative learning opportunities that connect the theories and practices of their coursework to tangible community-based work that enriches communities by addressing key community issues and needs in collaboration with diverse community partners. LSI provides resources and support for faculty interested in service-learning. In addition, there is a service-learning Living Learning Community available to students in Housing and Residence Life.

Student Organizations

There are over 350 student organizations that promote student interests in a broad range of fields. Organizations are student-run and a complete list of organizations can be found at http://odu.orsync.com/SearchOrgs. To support these organizations, LSI coordinates the recognition and annual registration process for new and existing organizations, provides officer training, group development, leadership education, budget utilization, and guidance in the organization of major concerts, programs, and other activities that groups sponsor.

U-Center

To facilitate collaboration between student organizations and members within student groups, the U-Center includes computers, work spaces, storage, a conference room and lounge area. Students can meet in the U-Center located at 1045 Webb Center.

Fraternity and Sorority Life

LSI advises 20 international/national fraternities and 11 international/national sororities at Old Dominion University. The purpose of these organizations includes the maintenance of high standards of fraternal life and inter-Greek relations and cooperation with the University in achieving high social standards and sound scholarship. Service to the University and the community, encouragement for leadership and brother/sisterhood are also at the forefront of Greek activity. The groups are coordinated through the National Pan-Hellenic Council (NPHC), Interfraternity Council (IFC), and Panhellenic Council (PHC), along with Leadership and Student Involvement. Any student interested in Fraternity and Sorority Life at Old
Dominion University should visit http://www.odu.edu/life/gettinginvolved/greek.

**Fraternities at the University**
- Alpha Phi Alpha
- Alpha Kappa Lambda
- Iota Phi Theta
- Kappa Alpha Order
- Kappa Alpha Psi
- Kappa Delta Rho
- Kappa Sigma
- Lambda Upsilon Lambda
- Omega Psi Phi
- Phi Beta Sigma
- Phi Gamma Delta
- Phi Kappa Tau
- Phi Mu Alpha
- Pi Kappa Alpha
- Pi Kappa Phi
- Sigma Nu
- Sigma Phi Epsilon
- Sigma Pi
- Tau Kappa Epsilon
- Theta Chi

**Sororities at the University**
- Alpha Phi
- Alpha Kappa Alpha
- Alpha Xi Delta
- Delta Zeta
- Kappa Delta
- Omega Phi Beta
- Pi Beta Phi
- Sigma Lambda Upsilon
- Sigma Sigma Sigma
- Zeta Phi Beta
- Zeta Tau Alpha

**Event Management**
Through Event Management, LSI coordinates all space allocations in Webb Center for meetings and events.

**Implementation of Major Programs and Events**
LSI helps to plan and implement activities and events to enrich the lives of students. These include Involvement Fair, Homecoming, Student Engagement and Enrollment Services Leaders Award Ceremony, Week of Welcome, and Programs All Weekend (PAW).