COUN - Counseling

COUNSELING Courses

COUN 495/595. TOPICS. 1-6 Credits.

COUN 497. Topics in Counseling. 1-6 Credits.

COUN 595. Topics. 1-6 Credits.

COUN 601. Principles of Professional Counseling and Ethics. 3 Credits. Lecture 3 hours; 3 credits. Aligned with a spiral approach to learning, students will be introduced to theory, practice, methods, basic principles, and concepts used by counselors in educational settings and community agencies. In subsequent courses, these topics will be revisited in depth. The course will emphasize professional and ethical issues related to counseling.

COUN 631. Counseling for Lifespan Development. 3 Credits. Lecture 3 hours; 3 credits. Prerequisites: Admission to Counseling Graduate Program or graduate program director approval. A study of phase and stage theories of lifespan development with application to counseling. Current research findings on major developmental issues (e.g., gender) will be emphasized.

COUN 633. Counseling and Psychotherapy Techniques. 3 Credits. The course focuses on development of attitudes and skills essential to effective professional counseling. Emphasis is on conducting the helping interview, as well as conducting an intake interview, a mental status evaluation, a biopsychosocial history, a mental health history, and a psychological assessment for treatment planning and caseload management. Pre- or corequisite: Admission to Counseling Graduate Program or Graduate Program Director approval.

COUN 634. Advanced Counseling and Psychotherapy Techniques. 3 Credits. Advanced skills and practices in techniques used by counselors. Prerequisite: COUN 601, COUN 650, and COUN 633 with a grade of B or higher.

COUN 642. Structured Counseling Groups. 3 Credits. This course is designed to prepare students to facilitate structured counseling groups for children and adolescents primarily in the K-12 school setting. CACREP Required Content: GROUP WORK—studies that provide both theoretical and experiential understandings of group purpose, development, dynamics, theories, methods, skills, and other group approaches in a multicultural society, including all of the following: (a) principles of group dynamics, including group process components, developmental stage theories, group members’ roles and behaviors, and therapeutic factors of group work; (b) group leadership or facilitation styles and approaches, including characteristics of various types of group leaders and leadership styles; (c) theories of group counseling, including commonalities, distinguishing characteristics, and pertinent research and literature; and (d) group counseling methods, including group counselor orientations and behaviors, appropriate selection criteria and methods, and methods of evaluation of effectiveness. Students will be required to complete 30 hours of fieldwork with K-12 aged youth, preferably in a school setting. Prerequisites: Admission to Counseling graduate program or graduate program director approval; COUN 601, COUN 633, COUN 650 and COUN 678.

COUN 644. Group Counseling and Psychotherapy. 3 Credits. Developing effective group leadership competencies is the focus for the course. Identification of group dynamics, use of group level process, and the self-development of the leader are some major topics. Prerequisite: Admission to Counseling graduate program or graduate program director approval; COUN 601, COUN 633, and COUN 650.

COUN 645. Testing and Client Assessment. 3 Credits. This course examines individual and group approaches to formal and informal assessment techniques, including diagnosis. It includes an examination of: the history of assessment; basic test statistics; test worthiness (reliability, validity, and cross-cultural issues); the selection, administration, and interpretation of assessment instruments; and ethical and legal issues relative to assessment. The focus of this class is on major concepts and principles of psychological testing and evaluation and use of standardized instruments with differing populations. Pre- or corequisites: COUN 633.

COUN 647. Addictive Disorders. 3 Credits. Examines the etiology, risk factors, assessment, counseling approaches and treatment of alcoholism and other addictions. Prerequisites: Admission to Counseling graduate program or graduate program director approval; COUN 601, COUN 633, and COUN 650.

COUN 648. Foundations of Career Development. 3 Credits. Principles and theories of career development, occupational and educational information, employment trends, concepts and principles for effective work in educational and career planning and development are considered. Prerequisites: Admission to Counseling graduate program or graduate program director approval; COUN 601, COUN 645, and COUN 650.

COUN 650. Theories of Counseling and Psychotherapy. 3 Credits. Lecture 3 hours; 3 credits. A study of major theories of counseling and psychotherapy. The primary focus is on providing students with a theoretical foundation upon which to develop their own approach for providing counseling and psychotherapy.

COUN 655. Social and Cultural Issues in Counseling. 3 Credits. Lecture 3 hours; 3 credits. Prerequisites: Admission to Counseling Graduate Program or graduate program director approval. Designed to engage helping professionals in cultural self-awareness and the search for solutions to disparities in society through counseling work. Emphasis on the social identities of gender, race, ethnicity, religion, ability, class, sexual orientation, and age.

COUN 666. Internship in College Counseling. 1-6 Credits. This internship is designed to provide individual students with a planned program of advanced on-the-job professional experience in a college or university setting. A university instructor will coordinate internship assignments. An experienced professional in the college or university setting will provide direct supervision. Available for pass/fail grading only. Completion of a background check is required prior to commencing the field placement. Prerequisites: Departmental permission and COUN 601, COUN 633, COUN 634, COUN 644, COUN 645, COUN 648, COUN 650, COUN 669, COUN 685, and COUN 686.

COUN 667. Internship in Mental Health Counseling. 1-9 Credits. This counselor education experience is designed to provide a planned program of supervised clinical instruction in mental health counseling in an appropriate professional setting, including provision of direct service and performance of indirect professional activities under appropriate clinical supervision of a site supervisor as well as classroom instruction and supervision. This pass/fail course requires successful completion of 450 hours of counseling field placement work and 180 hours of direct service in each of two semesters of enrollment. Completion of a background check is required prior to commencing the field placement. Prerequisites: Admission to the Counseling Graduate Program or graduate program director approval, approved application; COUN 601, COUN 633, COUN 634, COUN 644, COUN 645, COUN 648, COUN 650, COUN 669, COUN 680, and COUN 685.
COUN 668. Internship in School Counseling. 1-6 Credits.
This internship is designed to provide individual students with a planned program of advanced on-the-job professional experience in a school setting. A university instructor will coordinate internship assignments. An experienced professional in the school setting will provide direct supervision. Available for pass/fail grading only. Completion of a background check is required prior to commencing the field placement. Prerequisites: Admission to the Counseling Graduate Program or graduate director approval; approved application; COUN 601, COUN 633, COUN 634, COUN 642 or COUN 644, COUN 645, COUN 648, COUN 650, COUN 669, COUN 676, COUN 677 & COUN 678.

COUN 669. Practicum in Counseling. 3 Credits.
This supervised experience will enable students to practice basic and intermediate individual and group counseling skills with clients while integrating knowledge and skills learned in previous course work. Completion of a background check is required prior to commencing the field placement. Prerequisites: Admission to the Counseling Graduate Program or graduate director approval; COUN 601, COUN 633, COUN 642 or COUN 644, COUN 650, and COUN 634 with a grade of B or higher (see Program Handbook for other prerequisites based on specialty area).

COUN 670. Introduction to Counseling Supervision. 3 Credits.
This course provides an opportunity to learn one’s personal style for supervision, to have supervised field supervision experiences and to gain an understanding of the different models of supervision. Prerequisites: Admission to the Counseling Graduate Program or graduate director approval; COUN 601, COUN 669.

COUN 676. Professional Issues in School Counseling K-12. 3 Credits.
A professional seminar that emphasizes the contemporary role of the school counselor as leader and advocate in delivering school counseling programs to all students. Emphasis is placed on acquiring the awareness, knowledge and skills necessary to negotiate the cultural, educational, and contextual forces that impact the lives and academic achievement of students in a pluralistic society. Twenty hours of observation in a school is required. Prerequisites: Admission to the Counseling Graduate Program or graduate director approval; COUN 601, COUN 633, COUN 642 or COUN 644, COUN 650, and COUN 634 with a grade of B or higher (see Program Handbook for other prerequisites based on specialty area).

COUN 677. School Culture, Learning, and Classroom Management. 3 Credits.
School counselor's role in contributing to a safe, equitable, and culturally responsive school culture; promoting student learning and achievement; and the practice of effective teaching and classroom management. Cultural, political, economic, ethical, and legal issues are addressed. Ten hours of observation in a school is required. Completion of a background check is required prior to commencing the field placement. Prerequisites: Admission to the Counseling Graduate Program or graduate director approval; COUN 601, COUN 669.

COUN 678. Counseling Children and Adolescents in School Settings. 3 Credits.
This course will provide an overview of theories and techniques of counseling children and adolescents in school settings. Emphasis will be placed upon the counselor’s role as a facilitator of normal developmental processes to promote academic success. Prerequisites: Admission to the Counseling Graduate program or graduate director approval; COUN 601, COUN 633, and COUN 650.

COUN 679. School Counseling Program Development K-12. 3 Credits.
This course is designed as a capstone experience that synthesizes graduate course work into a practical school counseling program manual. Emphasis is placed on assessment, data collection and analysis, design and development, implementation and evaluation of systemic school counseling programs K-12. Specific emphasis is given to the integration of assessed needs, the National Standards for School Counseling Programs and the Virginia Standards of Learning. Prerequisites: Admission to the Counseling Graduate Program or graduate director approval; COUN 601, COUN 642 or COUN 644, COUN 648, and COUN 676.

COUN 680. Mental Health Counseling. 3 Credits.
Lecture 3 hours; 3 credits. Prerequisites: Admission to the Counseling Graduate Program or graduate director approval. This course will examine the broad range of roles and functions of the mental health counselor within contemporary professional practice settings.

COUN 681. Couples Counseling. 3 Credits.
Couples counseling focuses on development of effective counseling skills in working with couples. Prerequisites: Admission to the Counseling graduate program or graduate director approval; COUN 601, COUN 633, and COUN 650.

COUN 685. Diagnosis and Treatment Planning in Mental Health Counseling. 3 Credits.
A course focused on developing knowledge, attitudes, and skills essential to effective DSM-IV diagnosis, client conceptualization assessment, and clinical treatment planning. Emphasis on the use of client conceptualization models as a basis for treatment planning in mental health counseling. Prerequisites: Admission to the Counseling graduate program or graduate director approval; COUN 601, COUN 633, and COUN 650.

COUN 686. College Counseling. 3 Credits.
Lecture, 3 hours; 3 credits. Prerequisite: Admission to the Counseling Graduate Program or Graduate program director approval. Overview of counseling services provided on college and university campuses. Topics include wellness of students, multicultural issues, ethical and legal issues, crisis and disaster response, advocacy, and program evaluation.

COUN 689. Understanding Military Connected Children and Families. 4 Credits.
Lecture, 3 hours; Service Learning. 2 hours. 4 credits. Prerequisite: Acceptance into the Military Child and Families Graduate Certificate Program. Approval of the Certificate Program Director REQUIRED. Participants will learn about the unique academic, social, and emotional challenges faced by military connected children and their families. Participants will review, analyze and practice research-based learning and behavioral strategies and interventions to address these needs. This course will also introduce effective practices for supporting children through deployment separation, reunion and reintegration, and grief and trauma, including promoting school connectedness, fostering resiliency, facilitating coping skills, and designing customized academic, social, and behavioral supports. This course is required for completion of the Military Child and Family Education graduate certificate.

COUN 691. Family Systems and Family Development. 3 Credits.
The course offers a study of the family as a system, family life cycle stages, tasks, and difficulties that families may experience as they move through their developmental stages. Concepts and principles applicable to helping people within a systems perspective will also be discussed. Prerequisites: Admission to the Counseling graduate program or graduate director approval; COUN 601, COUN 633, and COUN 650.

COUN 695. Topics in Counseling. 3 Credits.
Lecture 1-6 hours; 1-6 credits. Prerequisites: Admission to the Counseling Graduate Program or graduate director approval. The study of selected topics in counseling.

COUN 697. Independent Study. 3-6 Credits.
Individualized study under the supervision of a graduate faculty member.

COUN 707. Adult and College Student Development. 3 Credits.
Lecture and discussion 3 hours; 3 credits. Exploration of theories informing practice regarding late adolescent, young adult, and adult psychological and cognitive development, adjustment, and learning in the two- and four-year college and university context. Influences of individual differences highlighted. Applications for college counseling, higher education, and community college practitioners, professionals, and leaders.
COUN 708. Constructivist Counseling and Positive Adult Development. 3 Credits.
This seminar-style course is an introduction to the fundamental constructivist principles that drive much of progressive adult education and counseling. Included are an introduction to developmental constructivism, social construction, post-modernism, and the narrative turn in counseling. Applications to counseling, education, and leadership will be made and implications for students' own development will be examined.

COUN 742. Advanced Counseling Theory and Practice. 3 Credits.
Lecture 3 hours; 3 credits. Prerequisites: COUN 601, 630, 633, 645 and 650.
An in-depth study of selected counseling theories through the study of cases.

COUN 744. Advanced Group Counseling. 3 Credits.
3 hours; 3 credits. Prerequisites: COUN 601, 630, 633, 644, 645, and 650.
Development of group leadership skills through group experiences in class and in the field.

COUN 747. Chemical Dependency Counseling. 3 Credits.

COUN 781. Family Therapy. 3 Credits.
A study of theories and practice of family therapy. Prerequisites: COUN 601, COUN 630, COUN 633, COUN 644, COUN 645, and COUN 650.

COUN 783. Complementary and Alternative Therapies. 3 Credits.
This course provides an overview of complementary and alternative therapies being used in mental health today, looking at their effectiveness and safety in treating specific client populations and for use in treating specific disorders, including ADHD, addictions, and anxiety. Modalities covered include acupuncture, nutritional medicine, herbal medicine, biofeedback, meditation, hypnotherapy, aromatherapy, and others.
Prerequisites: Admission to the Counseling graduate program or graduate program director approval.

COUN 786. Spirituality in Counseling. 3 Credits.
An overview of methods for integrating spirituality into counseling as a means of promoting holistic wellness for both clients and counselors. Emphasis will be placed upon theories of spiritual development, beliefs inherent in major wisdom traditions, implicit and explicit strategies for integrating spirituality into counseling, and the counselor's own personal and professional awareness and growth.

COUN 795. Topics in Counseling. 1-6 Credits.
Lecture 1-6 hours; 1-6 credits. The study of selected topics in counseling.

COUN 797. Topics in Counseling. 1-6 Credits.
Consultation 1-6 hours; 1-6 credits. Individual study under the supervision of a graduate faculty member.

COUN 801. Current Issues in Counseling and Counselor Education. 3 Credits.
Lecture 3 hours; 3 credits. The course will focus on the current issues in counseling to include the role of ethical and legal considerations in counselor education and supervision, social and cultural issues to include social change theory and advocacy action planning, and developmental counseling.

COUN 807. Adult and College Student Development. 3 Credits.
Lecture and discussion 3 hours; 3 credits. Exploration of theories informing practice regarding late adolescent, young adult, and adult psychological and cognitive development, adjustment, and learning in the two- and four-year college and university context. Influences of individual differences highlighted. Applications for college counseling, higher education, and community college practitioners, professionals, and leaders.

COUN 808. Constructivist Counseling and Positive Adult Development. 3 Credits.
This seminar-style course is an introduction to the fundamental constructivist principles that drive much of progressive adult education and counseling. Included are an introduction to developmental constructivism, social construction, post-modernism, and the narrative turn in counseling. Applications to counseling, education, and leadership will be made and implications for students' own development will be examined.
COUN 881. Family Therapy, 3 Credits. 
A study of theories and practice of family therapy. Prerequisites: 
COUN 601, COUN 630, COUN 633, COUN 644, COUN 645, and 
COUN 650.

COUN 883. Complementary & Alternative Therapies in Mental Health 
Counseling, 3 Credits. 
The course provides an overview of complementary and alternative therapies 
being used in mental health today, looking at their effectiveness and safety in 
treating specific client populations and for use in treating specific disorders, 
including ADHD, depression, addictions, and anxiety. Modalities covered 
include acupuncture, nutritional medicine, herbal medicine, biofeedback, 
meditation, hypnotherapy, aromatherapy, and others. Prerequisites: 
Admission to the Counseling graduate program or graduate program director 
approval.

COUN 886. Spirituality in Counseling, 3 Credits. 
An overview of methods for integrating spirituality into counseling as 
a means of promoting holistic wellness for both clients and counselors. 
Emphasis will be placed upon theories of spiritual development, beliefs 
inherent in major wisdom traditions, implicit and explicit strategies for 
integrating spirituality into counseling, and the counselor's own personal and 
professional awareness and growth.

COUN 895. Topics in Counseling, 1-6 Credits. 
Lecture 1-6 hours; 1-6 credits. The study of selected topics in counseling.

COUN 897. Independent Study, 3-6 Credits. 
Individualized study under the supervision of a graduate faculty member.

COUN 898. Dissertation Seminar, 3 Credits. 
This seminar is designed to assist students in making substantive progress 
in identifying and developing their dissertation proposal. Students will 
critically examine the current literature associated with their research 
interests and examine applicable conceptual constructs and methodologies. 
Prerequisites: COUN 801, COUN 820, COUN 835, COUN 842, COUN 844, 
COUN 846, COUN 848, COUN 869, FOUN 813 and FOUN 814.

COUN 899. Dissertation, 1-12 Credits. 
1-12 credits.

COUN 998. Master's Graduate Credit, 1 Credit. 
This course is a pass/fail course for master’s students in their final semester. 
It may be taken to fulfill the registration requirement necessary for 
graduation. All master’s students are required to be registered for at least one 
graduate credit hour in the semester of their graduation.

COUN 999. Doctoral Graduate Credit, 1 Credit. 
This course is a pass/fail course doctoral students may take to maintain 
active status after successfully passing the candidacy examination. All 
doctoral students are required to be registered for at least one graduate credit 
hour every semester until their graduation.