Psychology

Web Site: http://sci.odu.edu/psychology/

James Bliss, Chair
Jennifer Younkin, Chief Departmental Advisor

Bachelor of Science—Psychology Major

A student who intends to major in psychology must attend a Major Declaration Session in the Department of Psychology. Freshmen with 0-25 Earned Hours need to meet with an advisor from the College of Sciences advising team for pre-registration advising for their first academic year. Once students have earned 26 hours with an overall GPA of 2.0 or higher and a psychology GPA of 2.0 or higher, and completed STAT 130M and PSYC 201S, earning a C or better in each, they will need to attend a Major Declaration Session. Following declaration of the major, students are advised by the chief departmental advisor in psychology until they have accumulated 60 credit hours. Once students accumulate 60 credit hours, they select an individual faculty advisor within their interest area of psychology. Students should visit the Undergraduate Program Office (MGB 246) for information about the major and advising schedules. If the office is closed students may refer to the bulletin board across from (MGB 246) or visit the Psychology Department web page at http://sci.odu.edu/psychology/ .

Goals for the Psychology Major

1. Students will be able to define, interpret, and apply major concepts, theories, and findings in psychology.
2. Students will be able to compute, analyze, and interpret quantitative and qualitative psychological data.
3. Students will be able to recognize, analyze, and design experimental and non-experimental research in psychology.
4. Students will be able to interpret and produce scientific writing in psychology using standard APA format.
5. Students will be able to identify, recognize, and apply principles of ethics and respect for individual, social, and cultural differences.
6. Students will be able to apply discipline information to decisions about careers in psychology and related fields.

Lower Division General Education

| Written Communication * | 6 |
| Oral Communication | 3 |
| Mathematics ** | 6 |
| Language and Culture | 0-6 |
| Information Literacy and Research | 3 |
| Human Creativity | 3 |
| Interpreting the Past | 3 |
| Literature | 3 |
| Philosophy and Ethics | 3 |
| The Nature of Science | 8 |
| Impact of Technology | 3 |
| Human Behavior *** | 3 |
| **Total Hours** | **44-50** |

* A grade of C (2.0) or better is required in all courses meeting the Written Communication requirement.
** STAT 130M or higher and MATH 102M or higher. A grade of C (2.0) or better is required in both courses.
*** PSYC 201S and PSYC 203S may not be used to satisfy this requirement.

Departmental Requirements for the Major in Psychology

A grade of C (2.0) or better is required in all psychology courses. Students must achieve an overall grade point average of 2.0, including all psychology courses. No more than six credits in 200-level psychology courses can count toward the major in psychology.

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSYC 201S</td>
<td>Introduction to Psychology</td>
<td>3</td>
</tr>
<tr>
<td>PSYC 317</td>
<td>Quantitative Methods</td>
<td>4</td>
</tr>
<tr>
<td>PSYC 318W</td>
<td>Research Methods in Psychology</td>
<td>4</td>
</tr>
</tbody>
</table>

Students must select one course from each of the following four Areas:

**Area 1: Biological Bases and Cognition**
- PSYC 410 Human Cognition
- PSYC 413 Sensation and Perception
- PSYC 424 Physiological Psychology

**Area 2: Personality and Social Processes**
- PSYC 304 Social Psychology
- PSYC 408 Theories of Personality
- PSYC 420 Cross-Cultural Psychology

**Area 3: Developmental Changes**
- PSYC 332 The Psychology of Adolescence
- PSYC 351 Child Psychology
- PSYC 353 The Psychology of Adulthood and Aging

**Area 4: Applied Psychology**
- PSYC 303 Industrial/Organizational Psychology
- PSYC 306 Health Psychology
- PSYC 344 Human Factors
- PSYC 405 Abnormal Psychology
- PSYC electives (may include additional Area courses) | 15 |

**Total Hours** | **38**

Elective Credit

General elective credit will be needed to meet the minimum requirement of 120 credit hours. No more than six credits in 200-level psychology courses can count toward the major in psychology.

Sample Schedules

These schedules are meant as a guide to completing requirements for General Education and the Psychology major in four years or, following completion of an approved associate degree, two years. Students are not required to take courses in these semesters or in this sequence.

Psychology major requirements include:

<table>
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<tr>
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<tbody>
<tr>
<td>PSYC 201S</td>
<td>Introduction to Psychology</td>
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<tr>
<td>PSYC 317</td>
<td>Quantitative Methods</td>
</tr>
<tr>
<td>PSYC 318W</td>
<td>Research Methods in Psychology</td>
</tr>
</tbody>
</table>

One course from each of the four Areas | 12 |

Five additional psychology courses (may include additional Area courses) | 15 |

**Four-year program**

This sample schedule assumes that the Language and Culture requirements have been met by high school language courses (see Lower-Division General Education Requirements — Language and Culture section of this Catalog). If not, then language credits must be taken as electives.

**First Year**

<table>
<thead>
<tr>
<th>First Term</th>
<th>Hours</th>
<th>Second Term</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSYC 201S</td>
<td>3</td>
<td>PSYC Course (not 317)</td>
<td>3</td>
</tr>
</tbody>
</table>

Old Dominion University
<table>
<thead>
<tr>
<th>Course</th>
<th>First Term Hours</th>
<th>Second Term Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Psychology (Area course)</td>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td>PSYC 317</td>
<td>4</td>
<td>PSYC 318W</td>
</tr>
<tr>
<td>PSYC (Area course)</td>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td>Minor** or Elective</td>
<td>3</td>
<td>6</td>
</tr>
<tr>
<td>Elective</td>
<td>3</td>
<td>6</td>
</tr>
<tr>
<td>Minor**</td>
<td>3</td>
<td>6</td>
</tr>
<tr>
<td>Electives</td>
<td>9</td>
<td>11</td>
</tr>
<tr>
<td>Total credit hours: 120</td>
<td>15</td>
<td>17</td>
</tr>
</tbody>
</table>

**The following Ways of Knowing Areas are required for Lower-Division General Education:**
- Human Creativity
- Literature
- Human Behavior
- Interpreting the Past
- Philosophy & Ethics
- Nature of Science
- Impact of Technology

**A minor is recommended but not required.**

### Two-year Program

Students arrive with at least 60 credits and a university-approved associate degree indicating all lower-division General Education requirements have been met. Students must also have transfer credit for PSYC 201S, STAT 130M and MATH 102M or higher or complete them at ODU.

### Senior

<table>
<thead>
<tr>
<th>Course</th>
<th>First Term Hours</th>
<th>Second Term Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSYC (Area course)</td>
<td>3</td>
<td>PSYC courses</td>
</tr>
<tr>
<td>PSYC Courses</td>
<td>6</td>
<td>Minor* or elective</td>
</tr>
<tr>
<td>Elective</td>
<td>2</td>
<td>Electives</td>
</tr>
<tr>
<td>Minor**</td>
<td>3</td>
<td>6</td>
</tr>
<tr>
<td>Total credit hours: 60</td>
<td>14</td>
<td>15</td>
</tr>
</tbody>
</table>

### Additional Information for Students with Interest in Clinical, Industrial/Organizational, or Applied Experimental Psychology

#### Clinical Psychology

The undergraduate interest area in clinical psychology is designed for students who wish to develop cognitive and behavioral competencies at the bachelor's level of mental health specialization. In addition to the required courses for the psychology major (PSYC 201S, PSYC 317, PSYC 318W and one course from each of four Areas), students are encouraged to include the following in the 38 hours required for a psychology major:

- PSYC 369 Practicum in Clinical Psychology
- PSYC 371 Clinical Supervision in Psychology
- PSYC 405 Abnormal Psychology
- PSYC 408 Theories of Personality
- PSYC 412 Psychological Tests

Select one of the following:

- PSYC 203S Lifespan Development
- PSYC 304 Social Psychology
- PSYC 321 Psychology of the Exceptional Child
- PSYC 322 The Psychology of Adolescence

#### Industrial/Organizational Psychology

The undergraduate interest area in industrial/organizational psychology is designed for psychology majors who have a special interest in industrial, engineering, and organizational psychology. In addition to the required courses for the major (PSYC 201S, PSYC 317, PSYC 318W and one course from each of four Areas), students are encouraged to include the following in the 38 hours required for a psychology major:

- PSYC 303 Industrial/Organizational Psychology
- PSYC 343 Personnel Psychology
- PSYC 344 Human Factors
- PSYC 345 Organizational Psychology

#### Applied Experimental Psychology

The undergraduate interest area in applied experimental psychology is designed for psychology majors who want to apply for graduate school in one of the following applied research fields: health, community, developmental, social, cognitive or quantitative. In addition to the required courses for the psychology major (PSYC 201S, PSYC 317, PSYC 318W and one course from each of four Areas), students are encouraged to include the following in the 38 hours required for a psychology major:

- PSYC 495 Topics in Psychology
- PSYC 497 Supervised Research
At the end of PSYC 497, the student submits the proposal and application for admission to the Honors Program in Psychology and, pending approval of the program chair, enrolls in PSYC 487.

In this course, the student finalizes the proposal, presents it to the Psychology Honors Program committee, secures research ethics approval, begins the thesis research, and, if the research and thesis paper are completed, may present to the Psychology Honors Program committee for approval.

Students whose projects require more than one semester to complete may enroll in PSYC 488.

Eligibility for the Honors Program in Psychology includes:

- Completion of PSYC 317 and PSYC 318W
- At least 23 hours earned in psychology
- A 3.50 GPA in the psychology major (with no grades of "Incomplete")
- A 3.25 cumulative GPA
- Completion of PSYC 497 with an Honors Project Proposal ready for submission to the Honors Program chair

Students can enroll in PSYC 487 when the submitted application and project proposal have been approved by the Honors Committee chair.

**Psychology Awards**

The Alan L. Chaikin Psychology Honors Thesis Award is given each year to a student in the Department of Psychology for the outstanding honors thesis.

The Elizabeth C. Guy Outstanding Psychology Service Award is given each year to the student selected by the faculty who has contributed significant service to the department or field of psychology. Service is primarily defined as participation in departmental, University, community, or professional organizations. Other qualifications, such as research activity, may be considered. Eligible students must have a minimum overall grade point average of 3.0 and 18 credits in psychology at Old Dominion University.

The Elizabeth C. Guy Outstanding Psychology Academic Award is given each year to the graduating senior with the highest overall grade point average. To be eligible, a student will have completed a minimum of 60 hours at Old Dominion University by graduation. Further, the student will have completed a minimum of 18 psychology credits at Old Dominion University. In the case where two or more students meet the criteria and have identical GPAs, the student with the highest number of credit hours earned at Old Dominion University will receive the award.

**Advanced Placement**

The Department of Psychology offers course credit for PSYC 201S and PSYC 203S through testing procedures or Advanced Placement credit from the College Board exam. Students may also earn credit for some courses via prior learning assessment options. Interested students should visit the Undergraduate Program office MGB 246 for more information or refer to the section on Prior Learning Assessment in this Catalog.