Department of Counseling and Human Services

110 Education Building
757-683-3326
Danica G. Hays, Chair, dhays@odu.edu (dhays@odu.edu)

Counseling

- Master of Science in Education
  - College Counseling
  - Clinical Mental Health Counseling
  - School Counseling

- Education Specialist
- Doctor of Philosophy in Education
- Counselor Education
- Leadership in Counseling

Counseling Graduate Program

The graduate program on the Norfolk campus offers a master’s degree, an education specialist degree, and a Ph.D. in counseling. Master’s degrees are offered in three specialty areas (college counseling, clinical mental health counseling, and school counseling).

The master’s, education specialist, and doctor of philosophy degrees may be designed to meet the requirements for becoming an LPC in Virginia or a licensed school counselor in Virginia.

The master’s degree program offers a curriculum that emphasizes the following core components: professional orientation and ethical practice; social and cultural diversity; human growth and development; career development; helping relationships; group work; assessment; and research and program evaluation. In addition, coursework specific to a counseling specialty is required. The program aims to stimulate within students social advocacy and systems understanding in order to reduce disparities among groups. Field placement experiences (practicum and internship) are required to assure that students are able to apply the counseling skills and knowledge they learned in the courses they completed to help clients. The admissions process, the use of experimental and didactic learning approaches, and the ongoing evaluation of students ensures that counseling students possess the personal characteristics necessary to be effective counselors.

The clinical mental health counseling specialty area prepares graduate students for careers in community mental health settings and in private practice. The clinical mental health counseling specialty includes an emphasis on diagnosis and treatment planning, psychopharmacology, and psychopathology. The program of study in the mental health counseling specialty includes all of the courses necessary to achieve licensure as a Licensed Professional Counselor (LPC) in Virginia. The school counseling specialty area engages students in the acquisition and application of knowledge relevant to a new vision of school counseling. Through content and experiential learning in both classroom settings and in the schools, graduate students are prepared to become school counselors who are systemic thinkers, leaders, partnership builders, advocates for children, and proactive professionals who embrace the belief that all children are capable of achieving at high levels. By defining the roles and functions of the school counselor in innovative ways, this new paradigm in school counseling stresses the concepts that school counselors are a major force in closing the achievement gap and that changes in students and programs will be observable and measurable. The program of study in the school counseling specialty includes all of the courses and experiences necessary to achieve licensure as a school counselor in Virginia. The college counseling specialty prepares counselors to work in institutions of higher education including community colleges, technical colleges, four-year colleges, and universities.

The education specialist (Ed.S.) degree extends counseling knowledge and skills for individuals who already hold master’s degrees in counseling. The Ed.S. degree also provides core master’s level counseling coursework for individuals who have master’s degrees in other fields who wish to become counselors.

The Ph.D. in counseling prepares individuals for employment as counselor educator faculty members in colleges and universities, and as clinicians and leaders in counseling settings in colleges, community mental health agencies, private practices, and schools. This program provides doctoral students with the skills to supervise other counselors, teach counseling skills, conduct scholarly research, lead organizations, and create new knowledge in the field of counseling.

The master’s degree program (including the three specializations) and the Ph.D. degree program are accredited by the Council for the Accreditation of Counseling and Related Programs (CACREP). CACREP does not accredit education specialist degree programs. Objectives for programs offered and other important program information can be found in the program handbooks which are located on the program web pages at http://education.odu.edu/achs/academics/counseling/.

Master of Science in Education - Counseling

110 Education Building
coun@odu.edu (coun@odu.edu)
757-683-3326
Tim Grothaus, Graduate Program Director, tgrothaus@odu.edu
Chris Wood, Graduate Program Director, wood@odu.edu
Distance Learning Program (Program track integrating to Norfolk campus)

Admission

Applicants may hold a bachelor’s degree in any field.

Deadlines for Admission

- New students are admitted twice each year and are eligible to begin fall, spring, or summer semester.
- Fall Semester (or Summer Semester)
  - March 1 – Deadline for completed applications
- For admission for summer semester (beginning early May) or fall semester (beginning mid-August), and the final deadline for receipt of applications is March 1.
- Spring Semester
  - November 1 – Deadline for completed applications
- For admission for spring semester (beginning early January), the final deadline for receipt of applications is November 1.

Application Requirements

For details regarding the application process, criteria used to select students, materials required of applicants, where to send application materials, and taking courses prior to admission as a non-degree graduate student, see the program web site at http://www.odu.edu/achs/academics/m-s-ed-admissionsrequirements.

Continuance

Students must meet all University and program requirements to continue toward degree completion once they have been admitted. Students who earn three or more grades of C+ or lower will be dismissed from the Counseling graduate program. If faculty members have serious concerns about a student’s satisfactory progress in the program, they may initiate a process that could lead to the student being asked to withdraw. Students have the right to appeal decisions on continuance made by faculty.

Program Completion and Exit

Students must successfully complete a written comprehensive examination and the required course of study and must have a minimum GPA of 3.00 to graduate.

Old Dominion University
Program Requirements
A minimum of 60 semester credits is required for the Master of Science in Education with a specialty in college counseling, clinical mental health counseling, or school counseling. Toward the conclusion of the program, all students must pass a comprehensive exam. All students are required to take 33 credits of common-core coursework. Additional course work in specialty areas is required. All students complete a practicum and internship. Students are also required to complete the Responsible Conduct of Research Training (visit the ODU Office of Research webpage for additional information).

LPC Electives
Students in college counseling and school counseling specializations who wish to qualify to become a Licensed Professional Counselor (LPC) in Virginia should include the elective courses COUN 647 (Addictive Disorders) and COUN 691 (Family Systems and Family Development). School counseling students should also include COUN 685 (Diagnosis and Treatment Planning in Mental Health Counseling).

Curriculum

Core Courses
- COUN 601: Principles of Professional Counseling and Ethics (3)
- COUN 631: Counseling for Lifespan Development (3)
- COUN 633: Counseling and Psychotherapy Techniques (3)
- COUN 634: Advanced Counseling and Psychotherapy Techniques (3)
- FOUN 611: Introduction to Research Methods in Education (3)
- COUN 644: Group Counseling and Psychotherapy * (3)
- COUN 645: Testing and Client Assessment (3)
- COUN 648: Foundations of Career Development (3)
- COUN 650: Theories of Counseling and Psychotherapy (3)
- COUN 655: Social and Cultural Issues in Counseling (3)
- COUN 669: Practicum in Counseling (100 hrs min) (3)

Total Hours: 33

* School counseling specialty students may substitute COUN 642.

Specialty Courses and Electives

College Counseling
- COUN 685: Diagnosis and Treatment Planning in Mental Health Counseling (3)
- COUN 707: Adult and College Student Development (3)
- HIED 710: Introduction to Student Affairs Administration (3)
- COUN 666: Internship in College Counseling (600 hrs minimum) (6)
- COUN 686: College Counseling (3)
- COUN Electives (9)

Total Hours: 27

Mental Health Counseling
- COUN 647: Addictive Disorders (3)
- COUN 670: Introduction to Counseling Supervision (3)
- COUN 680: Mental Health Counseling (3)
- COUN 685: Diagnosis and Treatment Planning in Mental Health Counseling (3)
- COUN 691: Family Systems and Family Development (3)
- COUN 667: Internship in Mental Health Counseling (600 hrs minimum) (6)
- COUN Electives (6)

Total Hours: 27

School Counseling
- COUN 676: Professional Issues in School Counseling K-12 (3)
- COUN 677: School Culture, Learning, and Classroom Management (3)
- COUN 678: Counseling Children and Adolescents in School Settings (3)
- COUN 679: School Counseling Program Development K-12 (3)
- COUN 668: Internship in School Counseling (600 hrs minimum) (6)
- COUN Electives (9)

Total Hours: 27

Education Specialist – Counseling

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coun@odu.edu (//coun@odu.edu)
757-683-3326
Tim Grothaus, Graduate Program Director, tgrothau@odu.edu (//tremley@odu.edu)

The Education Specialist (Ed.S.) degree in counseling is designed to further develop and broaden students’ knowledge and skills in counseling and to cultivate their capacity for leadership as professionals. The Ed.S. is suitable for master’s degree level counselors who wish to earn an additional graduate degree in counseling, or for individuals with master’s degrees in related fields who wish to satisfy the academic portion of the state requirements for licensure as a professional counselor or a school counselor. It is considered a terminal counseling practitioner’s degree.

Admission

Applicants may hold a bachelor’s degree in any field. A master’s degree in counseling or another field is required.

Deadlines for Admission

- New students are admitted twice each year and are eligible to begin fall, spring, or summer semester.
- Fall Semester (or Summer Semester)
  • March 1 – Deadline for completed applications
- For admission for summer semester (beginning early May) or fall semester (beginning mid-August), the final deadline for receipt of applications is March 1.
- Spring Semester
  • November 1 – Deadline for completed applications
- For admission for spring semester (beginning early January), the final deadline for receipt of applications is November 1.

Application Requirements

For details regarding the application process, criteria used to select students, materials required of applicants, where to send application materials, and taking courses prior to admission as a non-degree graduate student, see the program web site at http://education.odu.edu/chs/academics/counseling.

Non-Matriculated or Non-Degree Status

Students may take a maximum of 6 credits beyond their master’s degree as a non-matriculated or non-degree student before being admitted into the program.

Continuance

Students must meet all University and program requirements to continue toward degree completion once they have been admitted. Students who earn three or more grades of C+ or lower will be dismissed from the Counseling graduate program. If faculty members have serious concerns about a student’s satisfactory progress in the program, they may initiate a process.
that could lead to the student being asked to withdraw. Students have the right to appeal decisions on continuance made by faculty.

Exit

Students must successfully complete the required course of study (a minimum of 30 credits) with a grade point average of 3.00 or better, and pass a written comprehensive examination.

Program Requirements

The Education Specialist degree in counseling requires a minimum of 30 semester hours of course work beyond the master’s degree. When licensed as a professional counselor or school counselor is an objective, more than 30 semester hours usually is required.

Required Courses

Ed.S. students select courses depending on their objectives. For required courses, see the website at http://education.odu.edu/chs/academics/counseling/education_ed.shtml.

Doctor of Philosophy in Education – Counseling Emphasis

110 Education Building
coun@odu.edu (tgrothau@odu.edu)
757-683-3326

Tim Grothaus, Graduate Program Director, tgrothau@odu.edu (tremley@odu.edu)

The Doctor of Philosophy degree in counseling prepares individuals for employment as counselor educators in colleges and universities, and as leaders in clinical mental health counseling or school counseling.

Admission

Deadlines for Admission

• November 1st of each year- Deadline for completed applications
• New students are admitted once each year and are eligible to begin fall, spring, or summer semester

For details regarding the application process, criteria used to select students, materials required of applicants, and where to send application materials, see the program website at http://education.odu.edu/chs/academics/counseling.

Continuance

Students must meet all University and program requirements to continue toward degree completion once they have been admitted. Students who earn three or more grades of C+ or lower will be dismissed from the Counseling graduate program. If faculty members have serious concerns about a student’s satisfactory progress in the program, they may initiate a process that could lead to the student being asked to withdraw. Students have the right to appeal decisions on continuance made by faculty.

Program Course Requirements

The Ph.D. program in counseling is comprised of courses totaling a minimum of 60 academic credit hours beyond the master’s degree. The curriculum includes advanced courses in counseling, supervision, teaching, and research, two doctoral practicums and an internship, and 12 credits of dissertation.

Program Completion and Exit

In order to complete the program, students must complete required courses in a satisfactory manner, pass examinations, and complete an acceptable dissertation. Ph.D. students must meet all requirements included in the University Graduate Catalog, the Ph.D. in Education Handbook, and the Counseling Ph.D. Program Handbook. It is the responsibility of the student to obtain these documents and complete requirements.

Prerequisites

Graduation from a master’s degree program in counseling that was accredited by the Council on Accreditation of Counseling and Related Educational Programs (CACREP) is a prerequisite. If a doctoral student’s master’s degree program was not accredited by CACREP, the student must take master’s-level courses and field experiences they are missing as a part of their Ph.D. program. Two courses (or their equivalent) must be completed prior to entering the Ph.D. program or must be taken early in the Ph.D. program, and will not count toward the required 60 credits:

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>COUN 670</td>
<td>Introduction to Counseling Supervision</td>
<td>3</td>
</tr>
<tr>
<td>FOUN 722</td>
<td>Introduction to Applied Statistics and Data Analysis</td>
<td>3</td>
</tr>
</tbody>
</table>

Required Courses

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>COUN 801</td>
<td>Current Issues in Counseling and Counselor Education</td>
<td>3</td>
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<tr>
<td>COUN 820</td>
<td>Counselor Education Teaching and Practice</td>
<td>3</td>
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<tr>
<td>COUN 835</td>
<td>Advanced Counseling Research Design and Assessment</td>
<td>3</td>
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<td>COUN 842</td>
<td>Advanced Counseling Theory and Practice</td>
<td>3</td>
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<td>COUN 844</td>
<td>Advanced Group Counseling</td>
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<tr>
<td>COUN 846</td>
<td>Advanced Counseling Supervision</td>
<td>3</td>
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<tr>
<td>COUN 848</td>
<td>Multicultural Perspectives in Counselor Education, Supervision, and Research</td>
<td>3</td>
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<tr>
<td>COUN 868</td>
<td>Internship in Counseling</td>
<td>6</td>
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<tr>
<td>COUN 869</td>
<td>Advanced Supervised Practicum in Counseling</td>
<td>3</td>
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<tr>
<td>COUN 898</td>
<td>Dissertation Seminar</td>
<td>3</td>
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<tr>
<td>COUN 899</td>
<td>Dissertation</td>
<td>12</td>
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<tr>
<td>FOUN 813</td>
<td>Program Evaluation in Education</td>
<td>3</td>
</tr>
<tr>
<td>FOUN 814</td>
<td>Qualitative Research Design in Education</td>
<td>3</td>
</tr>
<tr>
<td>FOUN 816</td>
<td>Single Subject Research Designs</td>
<td>3</td>
</tr>
<tr>
<td>FOUN 822</td>
<td>Applied Linear Models in Educational Research</td>
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<tr>
<td>FOUN 823</td>
<td>Analysis of Variance Applied to Educational Research</td>
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<td>FOUN 824</td>
<td>Design and Analysis for Causal Inference in Educational Contexts</td>
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<tr>
<td>FOUN 825</td>
<td>Applied Multilevel Modeling in Educational Research</td>
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</table>

Total Hours 60

Select one additional COUN or FOUN 800 level course AND one additional FOUN 800 level course