Department of Counseling and Human Services

Education Building
4301 Hampton Blvd.
Department of Counseling & Human Services
Office 2101
Norfolk, VA 23508
757-683-3326

Tim Grothaus, Chair, tgrothau@odu.edu

Counseling

Degree: Master of Science in Education, Education Specialist, Doctor of Philosophy in Education, Counseling Concentration

Major: Counseling

M.S. Ed. Concentrations:

• Clinical Mental Health Counseling
• School Counseling

Counseling Graduate Program

The Old Dominion University M.S.Ed. in counseling includes two concentration areas: Clinical Mental Health Counseling or School Counseling. Clinical Mental Health track graduates meet the educational requirements to pursue the LPC credential in Virginia, and School Counseling track graduates meet requirements for the Virginia Licensed School Counselor credential. Graduates of the School Counseling track who complete electives in diagnosis, addictions, and family dynamics can also meet requirements for both the LPC and the Licensed School Counselor credentials.

The Counseling program also offers an Education Specialist (Ed.S.) degree for those seeking to re-specialize beyond their Master’s training in Counseling, and this degree can be tailored to meet the LPC or Licensed School Counselor educational requirements. The Ed.S. degree extends counseling knowledge and skills for individuals who already hold master’s degrees in counseling. The Ed.S. degree also provides core master’s level counseling coursework for individuals who have master’s degrees in closely related fields (e.g., psychology, special education) who wish to become counselors.

The Ph.D. in Education with a concentration in Counseling prepares graduates to become counselor educators, clinical supervisors, scholars, and leaders in a variety of professional settings.

The master’s degree program offers a curriculum that emphasizes the following core components: professional orientation and ethical practice; social and cultural diversity; human growth and development; career development; helping relationships; group work; assessment; and research and program evaluation. In addition, the school counseling concentration includes courses in school climate and culture, counseling children and adolescents, professional issues, and program development. The clinical mental health counseling concentration includes courses in substance abuse counseling, family dynamics, diagnosis and psychopathology, and clinical supervision.

As part of the program’s mission, a commitment to social justice, cultural inclusivity, and reducing inequities and oppression is infused throughout coursework. Required field placement experiences (practicum, internship, and observation hours) involve work in counseling settings where learners apply the knowledge, attitudes, awareness, and skills developed during their coursework. Prior to any placement in the field for observation or practicum/internship all students are required to complete a background check. These are handled by the Teacher Education Services and Advising Office. Instructions can be found on their web page (http://www.odu.edu/success/academic/teacher-education/placement/background-checks). The admissions process, the use of experiential and didactic learning approaches, supervision requirements, and ongoing comprehensive review and evaluation of students ensures that all graduates possess the academic and personal characteristics necessary to be effective counselors.

The clinical mental health counseling concentration prepares graduate students for careers in community mental health settings, college counseling centers, hospital-based behavioral health programs, the criminal justice field, veterans’ mental health, and private practice. The clinical mental health counseling concentration provides grounding in evidence-based practice, assessment and diagnosis, the role of the counselor in health care, and client and population-centered advocacy. The school counseling concentration prepares graduates to act as systems-change agents throughout K-12 settings in order to address the academic and developmental needs of children, adolescents, and youth. Through the use of experiential and didactic instruction graduates from the school counseling concentration learn to think systemically, lead effectively, and collaborate with other professionals and stakeholder groups in schools as well as communities. As advocates for children, adolescents, and youth, graduates are encouraged to embrace the belief that school counselors are a major force in closing the achievement gap and that changes in students and programs will be observable, measurable, and impactful.

The Ph.D. – education with a counseling concentration prepares individuals for employment as counselor educator faculty members in colleges and universities and as clinicians and leaders in counseling settings in colleges, community mental health agencies, private practices, and schools or school districts. This program provides doctoral students with the skills to supervise other counselors, teach counseling skills, conduct scholarly research, lead organizations, and create new knowledge in the field of counseling. Learners in the Ph.D. program are actively mentored to develop their competency in specific topics through presentations, extra-curricular research, and service-leadership to the Counseling field.

The master’s degree program (including the two concentrations) and the counseling concentration within the Ph.D. program are accredited by the Council for the Accreditation of Counseling and Related Programs (CACREP). CACREP does not accredit education specialist degree programs. Objectives for programs offered and other important program information can be found in the program handbooks which are located on the program web pages at http://education.odu.edu/ehs/academics/counseling.

Master of Science in Education - Counseling

Education Building
4301 Hampton Blvd.
Department of Counseling & Human Services
Office 2101
Norfolk, VA 23508
757-683-3326
coun@odu.edu

Admission

Applicants may hold a bachelor’s degree in any field.

Deadlines for Admission

• New students are admitted twice each year and are eligible to begin fall, spring, or summer semester.
• Fall Semester (or Summer Semester)
  • March 1 – Deadline for completed applications
• For admission for summer semester (beginning early May) or fall semester (beginning mid-August), and the final deadline for receipt of applications is March 1.
• Spring Semester
  • October 1 – Deadline for completed applications
• For admission for spring semester (beginning early January), the final deadline for receipt of applications is October 1.
Application Requirements
For details regarding the application process, criteria used to select students, materials required of applicants, where to send application materials, and taking courses prior to admission as a non-degree graduate student, see the program web site at http://www.odu.edu/chs/academics/m-s-ed-admissionsrequirements.

Students must meet all University and program requirements to continue toward degree completion once they have been admitted. Students who earn three or more grades of C+ or lower will be dismissed from the Counseling graduate program. Students are also assessed on their interpersonal comportment and behavior. If faculty members have serious concerns about a student’s satisfactory progress in the program, they may initiate a process that could lead to the student being asked to withdraw. Students have the right to appeal decisions on continuance made by faculty.

Program Completion and Exit
Students must successfully complete a multiple choice comprehensive examination covering the 8 core counseling competency areas, the required course of study for their concentration, and must have a minimum GPA of 3.00 to graduate.

Program Requirements
A minimum of 60 semester credits is required for the Master of Science in Education - Counseling with a concentration in clinical mental health counseling or school counseling. Toward the completion of the program, all students must pass a comprehensive exam. All students are required to take 30 credits of common-core course work. Additional course work in concentration areas is required. All students complete 100 hours of practicum and 600 hours of internship. Students are also required to complete the Responsible Conduct of Research Training (visit the ODU Office of Research webpage for additional information).

Curriculum
Core Courses (Master’s Degree, all concentrations)

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>COUN 601</td>
<td>Principles of Professional Counseling and Ethics</td>
<td>3</td>
</tr>
<tr>
<td>COUN 631</td>
<td>Counseling for Lifespan Development</td>
<td>3</td>
</tr>
<tr>
<td>COUN 633</td>
<td>Counseling and Psychotherapy Techniques</td>
<td>3</td>
</tr>
<tr>
<td>COUN 634</td>
<td>Advanced Counseling and Psychotherapy Techniques</td>
<td>3</td>
</tr>
<tr>
<td>FOUN 611</td>
<td>Introduction to Research Methods in Education</td>
<td>3</td>
</tr>
<tr>
<td>COUN 645</td>
<td>Testing and Client Assessment</td>
<td>3</td>
</tr>
<tr>
<td>COUN 648</td>
<td>Foundations of Career Development</td>
<td>3</td>
</tr>
<tr>
<td>COUN 650</td>
<td>Theories of Counseling and Psychotherapy</td>
<td>3</td>
</tr>
<tr>
<td>COUN 655</td>
<td>Social and Cultural Issues in Counseling</td>
<td>3</td>
</tr>
<tr>
<td>COUN 669</td>
<td>Practicum in Counseling (100 hrs min)</td>
<td>3</td>
</tr>
<tr>
<td>Total Hours</td>
<td></td>
<td>30</td>
</tr>
</tbody>
</table>

Concentrations (required coursework)

Clinical Mental Health Counseling

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>COUN 644</td>
<td>Group Counseling and Psychotherapy</td>
<td>3</td>
</tr>
<tr>
<td>COUN 647</td>
<td>Addictive Disorders</td>
<td>3</td>
</tr>
<tr>
<td>COUN 670</td>
<td>Introduction to Counseling Supervision</td>
<td>3</td>
</tr>
<tr>
<td>COUN 680</td>
<td>Mental Health Counseling</td>
<td>3</td>
</tr>
<tr>
<td>COUN 685</td>
<td>Diagnosis and Treatment Planning in Mental Health Counseling</td>
<td>3</td>
</tr>
<tr>
<td>COUN 691</td>
<td>Family Systems and Family Development</td>
<td>3</td>
</tr>
<tr>
<td>COUN 667</td>
<td>Internship in Mental Health Counseling (600 hrs min)</td>
<td>6</td>
</tr>
<tr>
<td>COUN Electives</td>
<td></td>
<td>6</td>
</tr>
<tr>
<td>Total Hours</td>
<td></td>
<td>30</td>
</tr>
</tbody>
</table>

School Counseling

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>COUN 642</td>
<td>Structured Counseling Groups</td>
<td>3</td>
</tr>
<tr>
<td>COUN 676</td>
<td>Professional Issues in School Counseling K-12</td>
<td>3</td>
</tr>
<tr>
<td>COUN 677</td>
<td>School Culture, Learning, and Classroom Management</td>
<td>3</td>
</tr>
<tr>
<td>COUN 678</td>
<td>Counseling Children and Adolescents in School Settings</td>
<td>3</td>
</tr>
<tr>
<td>COUN 679</td>
<td>School Counseling Program Development K-12</td>
<td>3</td>
</tr>
<tr>
<td>COUN 668</td>
<td>Internship in School Counseling (600 hrs minimum)</td>
<td>6</td>
</tr>
<tr>
<td>COUN Electives</td>
<td></td>
<td>9</td>
</tr>
<tr>
<td>Total Hours</td>
<td></td>
<td>30</td>
</tr>
</tbody>
</table>

LPC Electives
Students in the school counseling specialization who wish to pursue the Licensed Professional Counselor (LPC) credential in Virginia should include the elective courses COUN 647 (Addictive Disorders), COUN 691 (Family Systems and Family Development), and COUN 685 (Diagnosis and Treatment Planning in Mental Health Counseling). A post-master’s residency of 3400 supervised hours, plus the national clinical mental health counselor’s exam, are also required for the Virginia LPC.

Education Specialist – Counseling
Education Building
4301 Hampton Blvd.
Department of Counseling & Human Services
Office 2101
Norfolk, VA 23508
757-683-3326

The Education Specialist (Ed.S.) degree in counseling is designed to further develop learners’ knowledge and skills in counseling and to cultivate their capacity for leadership as professionals. The Ed.S. is suitable for master’s degree level counselors who wish to earn an additional graduate degree in counseling, or for individuals with master’s degrees in related fields who wish to satisfy the academic portion of the state requirements for licensure as a professional counselor or a school counselor. It is considered a terminal counseling practitioner’s degree.

Admission
Applicants may hold a bachelor’s degree in any field. A master’s degree in counseling or related field is also required.

Deadlines for Admission
• New students are admitted twice each year and are eligible to begin fall, spring, or summer semester.
• Fall Semester (or Summer Semester)
  • March 1 – Deadline for completed applications
• For admission for summer semester (beginning early May) or fall semester (beginning mid-August), the final deadline for receipt of applications is March 1.
• Spring Semester
  • October 1 – Deadline for completed applications
• For admission for spring semester (beginning early January), the final deadline for receipt of applications is October 1.

Application Requirements
For details regarding the application process, criteria used to select students, materials required of applicants, and taking courses prior to admission as a non-degree graduate student, see the program web site at http://education.odu.edu/chs/academics/counseling.
Non-Matriculated or Non-Degree Status
Students may take a maximum of 12 credits beyond their master’s degree as a non-matriculated or non-degree student before being admitted into the program.

Continuance
Students must meet all University and program requirements to continue toward degree completion once they have been admitted. Students who earn three or more grades of C+ or lower will be dismissed from the Counseling graduate program. If faculty members have serious concerns about a student’s satisfactory progress in the program, they may initiate a process that could lead to the student being asked to withdraw. Students have the right to appeal decisions on continuance made by faculty.

Exit
Students must successfully complete the required course of study (a minimum of 30 credits) with a grade point average of 3.00 or better, and pass a written comprehensive examination.

Program Requirements
The Education Specialist degree in counseling requires a minimum of 30 semester hours of course work beyond the master’s degree. When licensed as a professional counselor or school counselor is an objective, more than 30 semester hours usually is required.

Required Courses
Ed.S. students select courses depending on their objectives. For required courses, see the website at http://education.odu.edu/chs/academics/ counseling/counseling_ed_s.shtml.

Doctor of Philosophy - Education, Counseling Concentration
Education Building
4301 Hampton Blvd.
Department of Counseling & Human Services
Office 2101
Norfolk, VA 23529
757-683-3326

The Doctor of Philosophy - Education, Counseling Concentration prepares individuals for employment as counselor educators in higher education settings. Graduates are also prepared to act as leaders in clinical mental health counseling or school counseling settings as well as the professional counseling field including advocacy, supervision, assessment, and research.

Admission

Deadlines for Admission
• October 1st of each year- Deadline for completed applications
• New students are admitted once each year and are eligible to begin fall, spring, or summer semester

For details regarding the application process, criteria used to select students, materials required of applicants, and where to send application materials, see the program website at http://education.odu.edu/chs/academics/counseling.

Program Course Requirements
The Doctor of Philosophy - Education, Counseling Concentration is comprised of courses totaling a minimum of 60 academic credit hours beyond the master’s degree. The curriculum includes advanced courses in counseling, supervision, teaching, and research, a doctoral practicum and an internship, and 12 credits of dissertation.

Program Completion and Exit
In order to complete the program, students must complete required courses in a satisfactory manner, pass examinations, and complete an acceptable dissertation. Ph.D. students must meet all requirements included in the University Graduate Catalog, the Ph.D. in Education Handbook, and the Counseling Program Handbook. It is the responsibility of the student to obtain these documents and complete requirements.

Prerequisites
Graduation from a master’s degree program in counseling that was accredited by the Council on Accreditation of Counseling and Related Educational Programs (CACREP) is a prerequisite. If a doctoral student’s master’s degree program was not accredited by CACREP, the student must take master’s-level courses and field experiences they are missing as part of their Ph.D. program. COUN 670 (or its equivalent) must be completed prior to entering the Ph.D. program or must be taken early in the Ph.D. program, and will not count toward the required 60 credits:

COUN 670 Introduction to Counseling Supervision 3

Required Courses

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>FOUN 722</td>
<td>Introduction to Applied Statistics and Data Analysis</td>
<td>3</td>
</tr>
<tr>
<td>COUN 801</td>
<td>Current Issues in Counseling and Counselor Education</td>
<td>3</td>
</tr>
<tr>
<td>COUN 820</td>
<td>Counselor Education Teaching and Practice</td>
<td>3</td>
</tr>
<tr>
<td>COUN 835</td>
<td>Advanced Counseling Research Design and Assessment</td>
<td>3</td>
</tr>
<tr>
<td>COUN 842</td>
<td>Advanced Counseling Theory and Practice</td>
<td>3</td>
</tr>
<tr>
<td>COUN 844</td>
<td>Advanced Group Counseling</td>
<td>3</td>
</tr>
<tr>
<td>COUN 846</td>
<td>Advanced Counseling Supervision</td>
<td>3</td>
</tr>
<tr>
<td>COUN 848</td>
<td>Multicultural Perspectives in Counselor Education, Supervision, and Research</td>
<td>3</td>
</tr>
<tr>
<td>COUN 868</td>
<td>Internship in Counseling</td>
<td>6</td>
</tr>
<tr>
<td>COUN 869</td>
<td>Advanced Supervised Practicum in Counseling</td>
<td>3</td>
</tr>
<tr>
<td>COUN 898</td>
<td>Dissertation Seminar</td>
<td>3</td>
</tr>
<tr>
<td>COUN 899</td>
<td>Dissertation</td>
<td>12</td>
</tr>
<tr>
<td>FOUN 813</td>
<td>Program Evaluation in Education</td>
<td>3</td>
</tr>
<tr>
<td>FOUN 814</td>
<td>Qualitative Research Design in Education</td>
<td>3</td>
</tr>
<tr>
<td>Select one of the following quantitative courses:</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>FOUN 822</td>
<td>Applied Linear Models in Educational Research</td>
<td></td>
</tr>
<tr>
<td>FOUN 823</td>
<td>Analysis of Variance Applied to Educational Research</td>
<td>3</td>
</tr>
</tbody>
</table>

Select one additional research course elective at the 800 level. 3

Total Hours 60

COUNSELING Courses

COUN 601. Principles of Professional Counseling and Ethics. 3 Credits.
Lecture 3 hours; 3 credits. Aligned with a spiral approach to learning, students will be introduced to theory, practice, methods, basic principles, and concepts used by counselors in educational settings and community agencies. In subsequent courses, these topics will be revisited in depth. The course will emphasize professional and ethical issues related to counseling.

COUN 631. Counseling for Lifespan Development. 3 Credits.
Lecture 3 hours; 3 credits. Prerequisites: Admission to Counseling Graduate Program or graduate program director approval. A study of phase and stage theories of lifespan development with application to counseling. Current research findings on major developmental issues (e.g., gender) will be emphasized.

COUN 633. Counseling and Psychotherapy Techniques. 3 Credits.
The course focuses on development of attitudes and skills essential to effective professional counseling. Emphasis is on conducting the helping interview, as well as conducting an intake interview, a mental status evaluation, a biopsychosocial history, a mental health history, and a psychological assessment for treatment planning and caseload management. Pre- or corequisite: Admission to Counseling Graduate Program or Graduate Program Director approval.
COUN 634. Advanced Counseling and Psychotherapy Techniques. 3 Credits.
Advanced skills and practice in techniques used by counselors. Prerequisite:
COUN 601, COUN 650, and COUN 633 with a grade of B or higher.

COUN 642. Structured Counseling Groups. 3 Credits.
This course is designed to prepare students to facilitate structured counseling groups for children and adolescents primarily in the K-12 school setting. CACREP Required Content: GROUP WORK—studies that provide both theoretical and experiential understandings of group purpose, development, dynamics, theories, methods, skills, and other group approaches in a multicultural society, including all of the following: (a) principles of group dynamics, including group process components, developmental stage theories, group members' roles and behaviors, and therapeutic factors of group work; (b) group leadership or facilitation styles and approaches, including characteristics of various types of group leaders and leadership styles; (c) theories of group counseling, including commonalities, distinguishing characteristics, and pertinent research and literature; and (d) group counseling methods, including group counselor orientations and behaviors, appropriate selection criteria and methods, and methods of evaluation of effectiveness. Students will be required to complete 30 hours of fieldwork with K-12 aged youth, preferably in a school setting. Prerequisites: Admission to Counseling graduate program or graduate program director approval; COUN 601, COUN 633, COUN 650 and COUN 678.

COUN 644. Group Counseling and Psychotherapy. 3 Credits.
Developing effective group leadership competencies is the focus for the course. Identification of group dynamics, use of group level process, and the self-development of the leader are some major topics. Prerequisite: Admission to Counseling graduate program or graduate program director approval; COUN 601, COUN 633, and COUN 650.

COUN 645. Testing and Client Assessment. 3 Credits.
This course examines individual and group approaches to formal and informal assessment techniques, including diagnosis. It includes an examination of: the history of assessment; basic test statistics; test worthiness (reliability, validity, and cross-cultural issues); the selection, administration, and interpretation of assessment instruments; and ethical and legal issues relative to assessment. The focus of this class is on major concepts and principles of psychological testing and evaluation and use of standardized instruments with differing populations. Pre- or corequisites: COUN 633.

COUN 647. Addictive Disorders. 3 Credits.
Examines the etiology, risk factors, assessment, counseling approaches and treatment of alcoholism and other addictions. Prerequisites: Admission to Counseling graduate program or graduate program director approval; COUN 601, COUN 633, and COUN 650.

COUN 648. Foundations of Career Development. 3 Credits.
Principles and theories of career development, occupational and educational information, employment trends, concepts and principles for effective work in educational and career planning and development are considered. Prerequisites: Admission to Counseling graduate program or graduate program director approval; COUN 601, COUN 645, and COUN 650.

COUN 650. Theories of Counseling and Psychotherapy. 3 Credits.
Lecture 3 hours; 3 credits. A study of major theories of counseling and psychotherapy. The primary focus is on providing students with a theoretical foundation upon which to develop their own approach for providing counseling and psychotherapy.

COUN 655. Social and Cultural Issues in Counseling. 3 Credits.
Lecture 3 hours; 3 credits. Prerequisites: Admission to Counseling Graduate Program or graduate program director approval. Designed to engage helping professionals in cultural self-awareness and the search for solutions to disparities in society through counseling work. Emphasis on the social identities of gender, race, ethnicity, religion, ability, class, sexual orientation, and age.

COUN 666. Internship in College Counseling. 1-6 Credits.
This internship is designed to provide individual students with a planned program of advanced-on-the-job professional experience in a college or university setting. A university instructor will coordinate internship assignments. An experienced professional in the college or university setting will provide direct supervision. Available for pass/fail grading only. Completion of a background check is required prior to commencing the field placement. Prerequisites: Departmental permission and COUN 601, COUN 633, COUN 634, COUN 644, COUN 645, COUN 648, COUN 650, COUN 669, COUN 685, and COUN 686.

COUN 667. Internship in Mental Health Counseling. 1-9 Credits.
This counselor education experience is designed to provide a planned program of supervised clinical instruction in mental health counseling in an appropriate professional setting, including provision of direct service and performance of indirect professional activities under appropriate clinical supervision of a site supervisor as well as classroom instruction and supervision. This pass/fail course requires successful completion of 450 hours of counseling field placement work and 180 hours of direct service in each of two semesters of enrollment. Completion of a background check is required prior to commencing the field placement. Prerequisites: Admission to the Counseling Graduate Program or graduate program director approval, approved application; COUN 601, COUN 633, COUN 644, COUN 645, COUN 648, COUN 650, COUN 669, COUN 680, and COUN 685.

COUN 668. Internship in School Counseling. 1-6 Credits.
This internship is designed to provide individual students with a planned program of advanced-on-the-job professional experience in a school setting. A university instructor will coordinate internship assignments. An experienced professional in the school setting will provide direct supervision. Available for pass/fail grading only. Completion of a background check is required prior to commencing the field placement. Prerequisites: Admission to the Counseling Graduate Program or graduate program director approval; approved application; COUN 601, COUN 633, COUN 642 or COUN 644, COUN 645, COUN 648, COUN 650, COUN 669, COUN 676, COUN 677 & COUN 678.

COUN 669. Practicum in Counseling. 3 Credits.
This supervised experience will enable students to practice basic and intermediate individual and group counseling skills with clients while integrating knowledge and skills learned in previous course work. Completion of a background check is required prior to commencing the field placement. Prerequisites: Admission to the Counseling Graduate Program or graduate director approval; COUN 601, COUN 633, COUN 642 or COUN 644, COUN 645, COUN 650, and COUN 634 with a grade of B or higher (see Program Handbook for other prerequisites based on specialty area).

COUN 670. Introduction to Counseling Supervision. 3 Credits.
This course provides an opportunity to learn one’s personal style for supervision, to have supervised field supervision experiences and to gain an understanding of the different models of supervision. Prerequisites: Admission to the Counseling Graduate Program or graduate director approval; COUN 601, COUN 669.

COUN 676. Professional Issues in School Counseling K-12. 3 Credits.
A professional seminar that emphasizes the contemporary role of the school counselor as leader and advocate in delivering school counseling programs to all students. Emphasis is placed on acquiring the awareness, knowledge and skills necessary to negotiate the cultural, educational, and contextual forces that impact the lives and academic achievement of students in a pluralistic society. Twenty hours of observation in a school is required. Completion of a background check is required prior to commencing the field placement. In addition, students are also required to attend a one-day program on a pre-determined date during the semesters. Prerequisites: Admission to the Counseling Graduate Program or graduate director approval.
COU 677. School Culture, Learning, and Classroom Management. 3 Credits.
School counselor's role in contributing to a safe, equitable, and culturally responsive school culture; promoting student learning and achievement; and the practice of effective teaching and classroom management. Cultural, political, economic, ethical, and legal issues are addressed. Ten hours of observation in a school is required. Completion of a background check is required prior to commencing the field placement. Prerequisites: Admission to the Counseling graduate program or graduate program director approval; COU 676.

COU 678. Counseling Children and Adolescents in School Settings. 3 Credits.
This course will provide an overview of theories and techniques of counseling children and adolescents in school settings. Emphasis will be placed upon the counselor's role as a facilitator of normal developmental processes to promote academic success. Prerequisites: Admission to the Counseling graduate program or graduate director approval; COU 601, COU 633, and COU 650.

COU 679. School Counseling Program Development K-12. 3 Credits.
This course is designed as a capstone experience that synthesizes graduate course work into a practical school counseling program manual. Emphasis is placed on assessment, data collection and analysis, design and development, implementation and evaluation of systemic school counseling programs K-12. Specific emphasis is given to the integration of assessed needs, the National Standards for School Counseling Programs and the Virginia Standards of Learning. Prerequisites: Admission to the Counseling Graduate Program or graduate director approval; COU 601, COU 642 or COU 644, COU 648, and COU 676.

COU 680. Mental Health Counseling. 3 Credits.
Lecture 3 hours; 3 credits. Prerequisites: Admission to the Counseling Graduate Program or graduate director approval. This course will examine the broad range of roles and functions of the mental health counselor within contemporary professional practice settings.

COU 681. Couples Counseling. 3 Credits.
Couples counseling focuses on development of effective counseling skills in working with couples. Prerequisites: Admission to the Counseling graduate program or graduate director approval; COU 601, COU 633, and COU 650.

COU 685. Diagnosis and Treatment Planning in Mental Health Counseling. 3 Credits.
A course focused on developing knowledge, attitudes, and skills essential to effective DSM-IV diagnosis, client conceptualization assessment, and clinical treatment planning. Emphasis is placed on the use of client conceptualization models as a basis for treatment planning in mental health counseling. Prerequisites: Admission to the Counseling graduate program or graduate director approval; COU 601, COU 633, and COU 650.

COU 686. College Counseling. 3 Credits.
Lecture, 3 hours; 3 credits. Prerequisite: Admission to the Counseling Graduate Program or Graduate program director approval. Overview of counseling services provided on college and university campuses. Topics include wellness of students, multicultural issues, ethical and legal issues, crisis and disaster response, advocacy, and program evaluation.

COU 689. Understanding Military Connected Children and Families. 4 Credits.
Participants will learn about the unique academic, social, and emotional challenges faced by military connected children and their families. Participants will review, analyze and practice research-based learning and behavioral strategies and interventions to address these needs. This course will also introduce effective practices for supporting children through deployment separation, reunion and reintegration, and grief and trauma, including promoting school connectedness, fostering resiliency, facilitating coping skills, and designing customized academic, social, and behavioral supports. This course is required for completion of the Military Child and Family Education graduate certificate. Prerequisites: Acceptance into the Military Child and Families Graduate Certificate Program.

COU 691. Family Systems and Family Development. 3 Credits.
The course offers a study of the family as a system, family life cycle stages, tasks, and difficulties that families may experience as they move through their developmental stages. Concepts and principles applicable to helping people within a systems perspective will also be discussed. Prerequisites: Admission to the Counseling graduate program or graduate director approval; COU 601, COU 633, and COU 650.

COU 695. Topics in Counseling. 3 Credits.
Lecture 1-6 hours; 1-6 credits. Prerequisites: Admission to the Counseling Graduate Program or graduate director approval. The study of selected topics in counseling.

COU 697. Independent Study. 3-6 Credits.
Individualized study under the supervision of a graduate faculty member.

COU 707. Adult and College Student Development. 3 Credits.
Lecture and discussion 3 hours; 3 credits. Exploration of theories informing practice regarding late adolescent, young adult, and adult psychological and cognitive development, adjustment, and learning in the two- and four-year college and university context. Influences of individual differences highlighted. Applications for college counseling, higher education, and community college practitioners, professionals, and leaders.

COU 708. Constructivist Counseling and Positive Adult Development. 3 Credits.
This seminar-style course is an introduction to the fundamental constructivist principles that drive much of progressive adult education and counseling. Included are an introduction to developmental constructivism, social construction, post-modernism, and the narrative turn in counseling. Applications to counseling, education, and leadership will be made and implications for students' own development will be examined.

COU 742. Advanced Counseling Theory and Practice. 3 Credits.
Lecture 3 hours; 3 credits. Prerequisites: COU 601, 630, 633, 645 and 650. An in-depth study of selected counseling theories through the study of cases.

COU 744. Advanced Group Counseling. 3 Credits.
3 hours; 3 credits. Prerequisites: COU 601, 630, 633, 644, 645, and 650. Development of group leadership skills through group experiences in class and in the field.

COU 783. Complementary and Alternative Therapies. 3 Credits.
This course provides an overview of complementary and alternative therapies being used in mental health today, looking at their effectiveness and safety in treating specific client populations and for use in treating specific disorders, including ADHD, addictions, and anxiety. Modalities covered include acupuncture, nutritional medicine, herbal medicine, biofeedback, meditation, hypnotherapy, aromatherapy, and others. Prerequisites: Admission to the Counseling graduate program or graduate program director approval.

COU 786. Spirituality in Counseling. 3 Credits.
An overview of methods for integrating spirituality into counseling as a means of promoting holistic wellness for both clients and counselors. Emphasis will be placed upon theories of spiritual development, beliefs inherent in major wisdom traditions, implicit and explicit strategies for integrating spirituality into counseling, and the counselor's own personal and professional awareness and growth.

COU 795. Topics in Counseling. 1-6 Credits.
Lecture 1-6 hours; 1-6 credits. The study of selected topics in counseling.

COU 797. Topics in Counseling. 1-6 Credits.
Consultation 1-6 hours; 1-6 credits. Individual study under the supervision of a graduate faculty member.

COU 801. Current Issues in Counseling and Counselor Education. 3 Credits.
Lecture 3 hours; 3 credits. The course will focus on the current issues in counseling to include the role of ethical and legal considerations in counselor education and supervision, social and cultural issues to include social change theory and advocacy action planning, and developmental counseling.
COUN 807. Adult and College Student Development. 3 Credits.
Lecture and discussion 3 hours; 3 credits. Exploration of theories informing practice regarding late adolescent, young adult, and adult psychological and cognitive development, adjustment, and learning in the two- and four-year college and university context. Influences of individual differences highlighted. Applications for college counseling, higher education, and community college practitioners, professionals, and leaders.

COUN 808. Constructivist Counseling and Positive Adult Development. 3 Credits.
This seminar-style course is an introduction to the fundamental constructivist principles that drive much of progressive adult education and counseling. Included are an introduction to developmental constructivism, social construction, post-modernism, and the narrative turn in counseling. Applications to counseling, education, and leadership will be made and implications for students' own development will be examined.

COUN 820. Counselor Education Teaching and Practice. 3 Credits.
This course prepares students to teach counseling and related courses. Topics covered are learning theories, retention of material, motivation, classroom instructional strategies and techniques, and assessment of learning from the core learning expectations.

COUN 835. Advanced Counseling Research Design and Assessment. 3 Credits.
The doctoral-level course examines advanced topics and controversies in qualitative and quantitative counseling research; this integration of theoretical with applied counseling material will augment the department’s standard doctoral research offerings. Prerequisites: FOUN 814 and FOUN 722.

COUN 842. Advanced Counseling Theory and Practice. 3 Credits.
An in-depth study of selected counseling theories through the study of cases. Prerequisites: COUN 601, COUN 630, COUN 633, COUN 645 and COUN 650.

COUN 844. Advanced Group Counseling. 3 Credits.
3 hours; 3 credits. Prerequisites: COUN 601, 630, 633, 644, 645, and 650. Development of group leadership skills through group experiences in class and in the field.

COUN 845. Diagnosis and Treatment Planning. 3 Credits.

COUN 846. Advanced Counseling Supervision. 3 Credits.
This course provides advanced training and skill development in supervision. Specific topics in supervision will also be examined. These include: ethical and legal issues, multicultural competency in supervision; theories of counselor development; theories/models, processes, and skills in supervision.

COUN 848. Multicultural Perspectives in Counselor Education, Supervision, and Research. 3 Credits.
Lecture 3 hours; 3 credits. Prerequisites: Admission to PhD Program or Graduate Program Director Approval. Counseling doctoral students will study multicultural issues in counselor preparation graduate programs, counseling supervision, and counseling research.

COUN 868. Internship in Counseling. 3-6 Credits.
This internship is designed to provide individual students with a planned program of advanced on-the-job professional experience in a college or community/agency setting. Internship assignments will be controlled and coordinated by a university instructor. Direct supervision is given by an experienced professional in the setting. Minimum of 600 hours.

COUN 869. Advanced Supervised Practicum in Counseling. 3 Credits.
Prerequisites: COUN 801, COUN 820, COUN 742/COUN 842, COUN 744/COUN 844. This advanced supervised practicum in counseling experience will enable doctoral-level students to develop and/or refine advanced counseling skills and conceptually link counselor practice and supervision. Minimum of 200 hours.

COUN 883. Complementary & Alternative Therapies in Mental Health Counseling. 3 Credits.
The course provides an overview of complementary and alternative therapies being used in mental health today, looking at their effectiveness and safety in treating specific client populations and for use in treating specific disorders, including ADHD, depression, addictions, and anxiety. Modalities covered include acupuncture, nutritional medicine, herbal medicine, biofeedback, meditation, hypnotherapy, aromatherapy, and others. Prerequisites: Admission to the Counseling graduate program or graduate program director approval.

COUN 886. Spirituality in Counseling. 3 Credits.
An overview of methods for integrating spirituality into counseling as a means of promoting holistic wellness for both clients and counselors. Emphasis will be placed upon theories of spiritual development, beliefs inherent in major wisdom traditions, implicit and explicit strategies for integrating spirituality into counseling, and the counselor's own personal and professional awareness and growth.

COUN 895. Topics in Counseling. 1-6 Credits.
Lecture 1-6 hours; 1-6 credits. The study of selected topics in counseling.

COUN 897. Independent Study. 3-6 Credits.
Individualized study under the supervision of a graduate faculty member.

COUN 898. Dissertation Seminar. 3 Credits.
This seminar is designed to assist students in making substantive progress in identifying and developing their dissertation proposal. Students will critically examine the current literature associated with their research interests and examine applicable conceptual constructs and methodologies. Prerequisites: COUN 801, COUN 820, COUN 835, COUN 842, COUN 844, COUN 846, COUN 848, COUN 869, FOUN 813 and FOUN 814.

COUN 899. Dissertation. 1-12 Credits.
1-12 credits.

COUN 998. Master's Graduate Credit. 1 Credit.
This course is a pass/fail course for master’s students in their final semester. It may be taken to fulfill the registration requirement necessary for graduation. All master’s students are required to be registered for at least one graduate credit hour in the semester of their graduation.

COUN 999. Doctoral Graduate Credit. 1 Credit.
This course is a pass/fail course doctoral students may take to maintain active status after successfully passing the candidacy examination. All doctoral students are required to be registered for at least one graduate credit hour every semester until their graduation.

HUMAN SERVICES Courses